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**Session One | A Heart for Others**

**Facilitator Guide**

**Objectives of this session**

* Participants will grow in compassion and desire for others to have a relationship with Jesus and his Church.
* Participants will understand the Church’s mission to evangelize.
* Participants will commit to praying 15 minutes a day - using 1% Prayer.

**Bring To Session -** Bible, Pens, Prints of this Session Handout for each participant, [One Percent Prayer Cards](https://www.archmil.org/parish-prayer-resources)

**Sample Schedule (Adjust times to your community)**

6:30pm Setup space, technology to view video segment, and any snacks or beverages

6:45pm Have everything ready to welcome participants and build community

* Give each participant a copy of the session Handout

7:00 pm Session Begins: Welcome & Introduction from Parish Point Person

* Welcome and thank you for participating in our 1st “Come to Me Shoulder Tap Training” Session.
* Open with a brief prayer

7:05 pm Group Introduction

* Tell us a bit about who you are?
* Why did you decide to be part of this training?

7:20 pm [Session One – A Heart for Others](https://vimeo.com/637158691/b215bb6146) (21 minutes)

* Let them know that the video will reference Luke 15:1-7 if they wish to prepare to read along.

7:41 pm Group Discussion using questions provided on Session Handout

* If you have a talkative group, select two or a few of the Group Discussion questions to focus your time and attention.

8:00pm Pair Share | invite participants to sit with a partner and discuss Pair Share Questions on Handout

8:15pm Application Activity | Introduce One Percent Prayer and Discussion

* Give out One Percent Prayer Scriptures or Cards (order at <https://www.archmil.org/parish-prayer-resources>)
* Explain that there are also audio guides available to guide you through prayer with scripture over 15 minutes per day. Available at: <https://www.archmil.org/one-percent-prayer>
* Decide as a group what day you will start One Percent Prayer

8:25pm Thank the group for giving themselves to this process.

Remind them of your next meeting day/time/location. Let them know you will be praying for them.

Close in prayer - Consider giving the group time to pray for specific intentions, then close with a “Glory

Be”