**Christ Is Not Divided!**

What do we say when a parishioner asks, “when will we receive the Precious Blood again?” because Holy Communion has been distributed only under the form of the Consecrated Host? We say, “you have been receiving the Precious Blood all along!” Church doctrine teaches, in an odd sounding term called “theology of concomitance,” that Christ is present fully, Body and Blood, Soul and Divinity, in each and both forms of Holy Communion. So, when we receive the Consecrated Host, we **are** receiving the Body and Blood of Christ.

When we receive Holy Communion under either form, Christ is not divided. The Catechism of the Catholic Church teaches, “the sign of communion is more complete when given under both kinds” because in this form, the sign of the Eucharistic banquet is more clearly evident. As we return to reception of Communion under both forms, when we hear the minister of Communion say, “Body of Christ,” we know what is really being said is “Body and Blood, Soul and Divinity of Christ.” And to that, let the Church, each and all of us in communion, say: “Amen!”

*Archdiocese of Milwaukee 2023*