



# In this Issue

| First Friday Mass |
|-------------------|
| and Lunch         |
| A Message from    |
| Kim Kasten 1      |
| L-Wing Updates 1  |
| Departures 1      |
| Anniversaries 1   |
| A Message from    |
| Archbishop Grob2  |
| May Birthdays2    |
| Welcome2          |
| April Wellness    |
| Newsletter3-4     |

How is what
I AM DOING
going to help a
parish or school?



Archbishop Jeffrey S. Grob will be Presider and a boxed lunch will be served in B118/119 for those who RSVP'd.



To my work family,

Mere words are not adequate to thank you all for the wonderful sendoff reception! I am humbled and overwhelmed by the turnout and all the well wishes. To everyone who had a hand in it, and I know how many hands and cooks it takes to make something like that happen, a heartfelt "thank you!" As I step into retirement after 33+ years at the archdiocese, I am filled with nostalgia and gratitude for the lessons learned and the friendships made over the years. This has been more than a job; it is part of my identity and a community that's as familiar as family. As the page turns from the work chapter of my life, Dennis and I look forward to the next chapter: spending more time with family (and yes, the bees too), traveling and whatever else the Good Lord has in store for us. Thank you all for being part of my story. I hope our paths continue to cross.

Kim Kasten



There have been a couple of changes in the L-Wing over the past weeks.

First, congratulations to Nancy Kerns, who was promoted to Executive Assistant to the Archbishop. Nancy was asked to serve in that role on an interim basis, during the installation and arrival of Archbishop Grob. Archbishop Grob has now asked Nancy to serve in that role officially. Nancy will continue to serve as Executive Assistant to both auxiliary bishops, Bishop Jim Schuerman and Bishop Jeff Haines. So, if you need something from a bishop, Nancy is the person to ask! Jerry Topczewski will continue to handle scheduling for Archbishop Grob. Fr. Phillip Bogacki, who serves as Vicar General and Moderator of the Curia, while continuing to serve as pastor of Christ King Parish in Wauwatosa, recently

relocated his office to the L-Wing. His phone extension



remains the same: 3301.

James Feffer – Archives

Trent Ratkowski - Cemeteries

Congratulations to Trent on his retirement after serving the archdiocese for 23 years!



Happy Anniversary To Those Celebrating Milestones In May!

John Barker, HR, 1 year Anthony Hansen, Cemeteries, 1 year Melissa Kozlowski, Cemeteries, 1 year Hugo Rodriguez, Cemeteries, 1 year



# A MESSAGE FROM ARCHBISHOP GROB

Dear Colleagues,

Joyous Easter!

In three weeks, I am excited to gather with all of you for my first Staff Meet and Greet. To prepare for the meeting, I have put together a short questionnaire for staff to provide input directly and confidentially to me. The questionnaire is anonymous and is intended simply to give me a snapshot of how you feel about your work and workplace. It is also a way for you to ask me questions or share something you feel I should know. As previously stated, the results of the survey will go anonymously, directly, and confidentially to me. You will find the survey <a href="https://exception.org/least-except

The Staff Meet and Greet is Tuesday, May 13, from 8:30 to 10:30 a.m., in B118-119. If you haven't already registered, please do so <u>here</u>. If you are unable to attend, please notify your supervisor.

Most grateful for who you are,

+Jeffrey S. Grob

Archbishop of Milwaukee



| Justin Mann            | Cemeteries       | May 1  |
|------------------------|------------------|--------|
| John Marek             | FIOF             | May 2  |
| Nicholas Castro        | Cemeteries       | May 3  |
| Meg Aspinwall          | Evangelization   | May 4  |
| Cynthia Garcia         | Safe Environment | May 9  |
| Fr. Robert Kroll       | Seminary         | May 11 |
| Fr. Michael Malucha    | Vocations        | May 16 |
| Jill Dreist-Dombrowski | Cemeteries       | May 17 |
| Gaby Cabrera Sandoval  | C.S.R.           | May 18 |
| Greg Churchill         | Seminary         | May 18 |
| Marie Hofmann          | Safe Environment | May 19 |
| Jay Weber              | Cemeteries       | May 19 |
| Andrew Gass            | Tribunal         | May 20 |
| Timothy Gall           | Cemeteries       | May 22 |
| Dan Kowalsky           | Development      | May 22 |
| <b>Sharon Hanson</b>   | In-House Counsel | May 23 |
| Fr. Glen Powers        | Seminary         | May 24 |
| Mario Vallejo          | Cemeteries       | May 24 |
| Deborah Denk           | Development      | May 28 |
|                        |                  |        |



# **WELCOME**



Welcome Mario Ortiz! Mario started with us Monday, April 21, as the Office and Events Coordinator for the Office for World Mission. Here is a little bit about Mario:

Mario Ortiz

**Kids:** I have three kids.

**Prior Position:** Event Manager and Producer

Hobbies: Podcasting and basketball

Favorite Food: Italian





# **April Wellness Newsletter**

## **National Health Observances:**

Alcohol & Substance Abuse and Stress Awareness Month



April's health observances are Alcohol & Substance Abuse and Stress Awareness Month.

Check out the following UnitedHealthcare educational resources to learn more about these topics:

- Alcohol use disorder
- Substance use disorder
- Substance use help line
- Living with stress

# **Health Tip Flier of the Month:**

## **Soothing Stress**

Learning about common health topics is one way to help support your health and wellness.

Check out this month's Health Tip Flier on Soothing Stress.

(English & Spanish).



#### **United at Work Presentation of the Month:**

# **Breathing for Better Health**

The Breathing for Better Health presentation is available to view in English and Spanish.

Something as simple as conscious breathing may lead to many health benefits, calming the mind and reducing stress.

During this presentation, you will define diaphragmatic breathing and discuss benefits of breathing techniques and its impact on health. We will also review breathing strategies, as well as good breathing practices.

### Health action of the month



- Avoid alcohol near bedtime
- Take brisk 10-minute outdoor walks



Click here for the entire United at Work catalog.

#### **Next Month's Preview...**



#### **Health Observance**

- Mental Health Awareness
- Physical Fitness & Sports Month



# **Health Tip Flier of the Month**

Strength for Health



#### **United at Work Presentation**

Strength for Health