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*How is what
I AM DOING
going to help a
parish or school?*



FIRST FRIDAY MASS AND LUNCH DECEMBER 5, NOON

Archbishop Grob will be Presider and a boxed lunch will be served in B118/119 for those who RSVP. Please click [HERE](#) to RSVP by noon, Thursday, November 20.



LOOKING AHEAD...2026 ST. FRANCIS DE SALES SEMINARY AND PASTORAL CENTER STAFF GATHERINGS

Wednesday, February 11, 2026 — 8 a.m. Mass, followed by muffins and coffee.

Wednesday, April 29, 2026 — Noon Mass followed by lunch.

More information will be shared closer to the events!



MMCPC CLOSED

Thursday and Friday, November 27-28, in observation of Thanksgiving.

Wednesday and Thursday, December 24-25, in observation of Christmas.

Wednesday, December 31, and Thursday, January 1, in observation of the New Year.



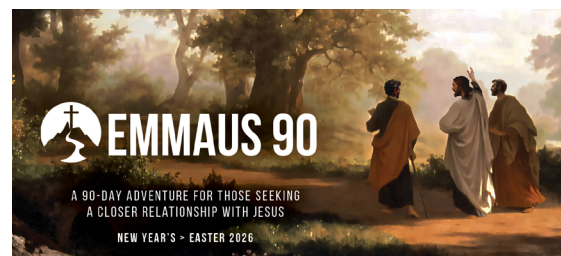
EMMAUS 90 2026

Make 2026 the year you grow deeper in prayer and discipleship. We invite you to get a group together of two to three friends, coworkers or family to join you on this 90-day adventure from New Years to Easter 2026. Together we will get to know Christ, uphold the dignity of every person and transform the world.

Emmaus 90 is an offering from the Archdiocese of Milwaukee Office of Evangelization & Catechesis, to help you, like the disciples on the road to Emmaus, recognize how Jesus is drawing close to you, to listen to him speak through the Scriptures, to encounter him in the Eucharist and to be equipped to share your faith with others. It includes a daily Scripture and prayer prompt, weekly formation sessions by livestream with local and national speakers, a guidebook journal to track your progress and more.

If you sign up by December 10 and use code **E90ARCHSTAFF**, you can pick up your guidebook journal at the Archdiocesan Offices after December 17, the code covering the \$5 shipping cost. We will mail your guidebook to you if you do not register with the coupon code. Contact Margaret Rhody if you have any questions.

Get more info and register by December 10 at <https://www.archmil.org/evangelization/Eucharistic-Revival/Emmaus-90.htm>



Our Mission

Proclaim Christ and Make Disciples through the Sacramental Life of the Church.



WELCOME



Ray Curtiss

Welcome Ray Curtiss! Ray started with us on Monday, November 3, as a Family Service Advisor at Holy Cross Cemetery. Here is a little bit about Ray:

Spouse: Danielle Curtiss

Kids: Four

Church: Eastbrook Church

Prior position: Retail, sales and ministry.

Degree(s): Bachelor of Science in electrical engineering technology, Milwaukee School of Engineering

Hobbies: Woodworking and camping

Pets: Levi, our chocolate Lab.

Favorite food: Salmon, all types.



Sr. Catherine Sexton

Welcome Sr. Catherine Sexton! Sr. Catherine started with us on Monday, November 3, as an Ecclesiastical Notary for the Tribunal. Here is a little bit about Sr. Catherine:

Church: Dominican Sisters of Chicago

Prior position: Activities coordinator at a nursing home in Chicago.

Degree(s): Bachelor's in law, College of

Law of England and Wales

Bachelor's in history and German, University of Manchester

Postgraduate diploma in local government management, University of Warwick

Diploma of the New Evangelization, School of the Annunciation in Buckfast

Certificate of teaching English, University of Cambridge

I am currently studying for a bachelor's in theology from Franciscan University of Steubenville, as part of first cycle studies for a licentiate in canon law (J.C.L.).

Hobbies: Walking, nature, reading and cooking Polish food.

Pets: Convent cat named Coral.

Favorite food: Italian food, lasagna.



MAC & CHEESE MANIA | 12:30-1:30 P.M. | DINING ROOM 1 AND 2

For a \$5 donation, sample from a number of delicious mac & cheese options! All proceeds will go to support our Food Crisis collections for House of Peace, the Capuchins and the All Saints Meal Program.

Make sure to BYOMT: Bring Your Own Muffin Tin! We will have inserts to put in your muffin tin so you can try many different mac & cheese options at once! If you are interested in making mac & cheese for this event, please reach out to Angie in HR. This is an event you don't want to miss.

A note for the cooks: To prevent your mac & cheese drying out, make sure to plan for extra sauce, milk, etc., also please bring in a crock pot to keep it warm.



SHOULD THE CITY OF MILWAUKEE REMOVE, REPLACE OR IMPROVE I-794?

The Department of Transportation is accepting public feedback on a proposal to either remove, replace or improve the section of I-794 between the Marquette Interchange and the Hoan Bridge. The removal option would add 13 stoplights and a drawbridge on surface streets to commutes between the 94/43 intersection and the ramp to the Hoan Bridge. Learn more and make your opinion known before December 5 at 794lakeinterchange.wisconsin.gov/

LIVING OUR FAITH



Catholic Conversations from the Archdiocese of Milwaukee

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1ST ANNUAL PASTORAL CENTER CART PARADE | WEDNESDAY, NOVEMBER 19, 2025 9:30-10 A.M.

The humble cart. Rarely does a day go by at the pastoral center where one does not see someone using their office cart to transport items. Cases of water, boxes of orders of worship, packages from the mailroom. Our utility carts might be one of the most frequently used pieces of equipment in the building, and who has not had a moment of panic set in when their cart is not in its usual place?

In the spirit of that great November event, the Macy's Thanksgiving Day Parade, we are planning to take our cart usage to a new level — introducing the 1st Annual Pastoral Center Cart Parade!

Guidelines

- Any office that wants to decorate their cart should fill out an entry form by Friday, November 14, via this link: <https://www.surveymonkey.com/r/CartEntryForm>
- Use whatever materials you would like to decorate your cart — construction paper, art your kids make, balloons, streamers, Dollar Store materials, candy to be tossed to spectators, speakers to play music, etc.
- Participants are encouraged to use this event as a team-building opportunity and should talk to their supervisors to determine a reasonable amount of time to be used in creating their cart.
- Carts are to be pushed or pulled. There will be no riding on the carts for safety reasons.
- Only utility carts are to be used, **not other objects**, such as wagons, dollies, scooters, etc.
- The cart parade will take place on Wednesday, November 19, from 9:30-10 a.m. and will start at Mater Christi Chapel and end at Dining Room 1. Carts will remain staged in the hallway by Dining Room 1 for viewing.
- Parade Grand Marshall: It's a surprise!
- Voting and Prizes: Voting will take place during and after the parade. First, second and third place will be based on the number of votes.
 - First place prize: Trophy and jeans day pass for everyone in department.
 - Second place prize: Fall basket and jeans day pass for everyone in department.
 - Third place prize: Candy and jeans day pass for everyone in department.



UPCOMING HOLIDAY EVENTS

Advent Wreath Gatherings in the Main Lobby | Monday, December 1, 15 and 22 | 8:45 a.m.

This year we continue our tradition of Monday morning Advent Wreath Prayer Service — Food and Fellowship, but with a slight change. New this year, we will not be dividing the weeks by designated departments.

We are asking employees to **Sign-Up HERE** to volunteer to bring food and beverages on days that you are able to bring a dish. Examples include juice, cider, breakfast breads, coffee cake and whatever else you can think of! If possible, please individually portion. See HR for plates. Coffee will be provided.

Note: Please sign up as soon as possible to make sure we have enough each week. HR will provide napkins, cups and utensils.

December 2 — Collection trees will be up. Please donate hats, gloves and scarves which can hang on the tree. Also, Sr. Carmelita, D.R.E., for St. Anthony and St. Hyacinth, said they are in great need of donations of construction paper, crayons, dry erase makers — regular, not fine point — and copy paper for the hundreds of children in their religious education program. The catechists make copies of the materials for their classes. Please donate what you can!

December 3 — Kick-off of door decorating, which will conclude on December 16 at noon. For this year, the theme is, "Christmas Around the World." Please get together with your department to try and win the coveted trophy! Only one door will be entered in the contest for each department, but please decorate more than one to show your Christmas cheer. Doors must be completed by December 16 at noon for photos to be taken.

December 17 | 10-11 a.m. — Stroll the halls to view the doors in the contest and enjoy treats supplied by the offices. Then come down to the C-Wing employee entrance to cast your vote for your favorite door. Voting will take place through noon on December 18. No late votes will be entered.

December 19 — Annual Christmas Mass and Lunch. Blessing of the Nativity will be at 11:45 a.m. outside, in front of the building. Staff are encouraged to participate and to dress accordingly. Mass will take place at noon in the Mater Christi Chapel. Catered lunch to follow in B118/119.

December 24, 25, 31 and January 1 — MMCPD Closed in observance of Christmas and the New Year.

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Wellness Newsletter

November National Health Observance

American Diabetes and
Great American Smokeout Month



November's health observances are American Diabetes and Great American Smokeout Month. Check out the following UnitedHealthcare educational resources to learn more about these topics:

- [Life with diabetes](#)
- [Managing blood sugar \(glucose\)](#)
- [The realities of vaping](#)
- [Quitting smoking](#)

United at Work Presentation of the Month

Eating with Diabetes



People who have diabetes have different nutritional needs than others. During this presentation, we will review the nutritional recommendations for individuals with diabetes or pre-diabetes and discover eating strategies that may help stabilize blood sugar. We will also identify cooking and snacking tips, as well as considerations when dining out for this population. Available to view in [English](#) and [Spanish](#).

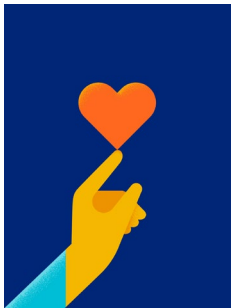
Health Tip Flier of the Month

Eating with Diabetes



Check out this month's health tip flier on Eating with Diabetes. Available to view in [English](#) and [Spanish](#).

Health actions of the month



- Swap a sugary drink for water
- Enroll in a tobacco cessation program

December preview

- Self-care for the Holidays & Financial Well-being Awareness Month
- United at Work presentation: Healthier Travel
- Health Tip Flier: Healthier Travel

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