Benefits
Overview &
Open
Enrollment
2025

St. Raphael

Health Plan

Together in Benefits • For your Health and Well-Being

## Agenda

- Prayer
- St. Raphael Health Plan General Information
- Historical Information
- Nice-to-know Information
- Benefits Portfolio
- United Healthcare Choice and Choice Plus Plans
- Dental Insurance from Delta Dental of Wisconsin
- VSP Basic & Premier Vision Plans, UNUM Life, AD&D, and LTD Insurance
- Medical, Dental, and Vision Insurance Rates
- UNUM STD Insurance, United Healthcare Ancillary Products Critical Illness, Accident Protection, Hospital Indemnity Protection Plans
- OPTUM Employee Assistance Program
- Flexible Spending Accounts (FSA)
- Additional Information
- Open Enrollment 2025
- Contact Information
- Questions?

## St. Raphael Health Plan

- Multi-employer plan sponsored by the Archdiocese of Milwaukee
- Self funded since 2010
- The primary advantage of a self-funded plan is the potential for cost savings
- Insurance premiums are paid into the St. Raphael Health Plan Trust and are used to pay claims, stop loss insurance, and administrative fees
- Approximately \$30,000,000 in premium and claims and expenses are processed each year
- Our partners include United Healthcare, Caremark, Delta Dental,
   VSP, UNUM, Benefit Allocation Systems, LLC, Catholic Mutual
   Group, and Catholic Benefits Association

## Historical Information

- Deductibles & Out of Pocket Maximums on the Choice plan have not changed since 2010
- The Single and Family Deductibles on the Choice Plus plan increased by \$100 and \$200, respectively, in January 2024 due to IRS regulations
  - Otherwise, deductibles and out of pocket maximums have not increased on the Choice Plus plan since 2010
- Choice premiums have increased an average of 4% each year since
   2010; Choice Plus premiums have increased an average of 3%

## Nice-to-know Information

- 202 locations (parishes, schools, Catholic organizations) participate in the St Raphael Health Plan
  - This equates to approximately 2,000 employees, 4,000 members
  - Two to three new locations join the Plan every year
- Sixty-nine percent of employees are on the Choice plan; 31 percent are on the Choice Plus plan

## Benefits Portfolio

- Medical Insurance Two Plan Options:
  - United Healthcare Choice Plan
  - United Healthcare Choice Plus QHDHP Plan, HSA Compatible
- Prescription Drug Coverage through CVS/Caremark
- Dental Insurance through Delta Dental of Wisconsin
- Vision Insurance Two Plan Options:
  - VSP Basic
  - VSP Premier
- UNUM Life, AD&D, and LTD Insurance Premiums 100% Employer Paid
- UNUM Short Term Disability Insurance Premiums 100% Employee Paid
- United Healthcare Critical Illness Protection, Accident Protection, Hospital Indemnity Protection – Premiums 100% Employee Paid
- OPTUM Employee Assistance Program Premiums Paid by SRHP
- Flexible Spending Account (FSA)

## United Healthcare Choice Plus

#### **EFFECTIVE JANUARY 1, 2025**

- Deductibles: \$1,150 Single/\$2,300 Family in-network; \$2,300 Single/\$4,600 out-of-network
- Coinsurance 80/20 in-network, 60/40 out-of-network
- Out of Pocket Maximum per calendar year: \$2,300 Single/\$4,600
   Family in-network; \$4,600 Single/\$9,200 Family out-of-network
- Preventive care is covered before you meet the deductible
- Prescription copays available immediately
- Out of Network coverage added
- Rx copays apply to combined out-of-pocket maximum
- Premium rates are increasing 5%

# United Healthcare Choice Plus QHDHP (HSA Compatible)

#### **EFFECTIVE JANUARY 1, 2025**

- Deductibles: \$1,800 Single/\$3,600 Family in-network; \$3,400 Single/\$6,800 out-of-network
- The deductible is non-embedded which means a member with Family coverage must meet the Family deductible before the insurance kicks in
- Coinsurance: 80/20 in-network; 60/40 out-of-network
- Out-of-Pocket Maximum: \$4,800 Single/\$7,500 Family in-network;
   \$6,500 Single/\$13,000 out-of-network
- Preventive care is covered before you meet the deductible
- Prescription copays available once deductible is met
- Rx copays apply to combined OOP maximum
- PrudentRx is no longer available with this plan
- Health Savings Account (HSA) compatible; the member must set up his/her own HSA (optional)
- No premium rate increase for 2025

# Dental Insurance from Delta Dental of Wisconsin

- Extensive network
- Coverage varies based on the provider contract arrangement
  - Fees for services are discounted most at PPO Providers
- Benefits maximized if PPO Providers are used
- Diagnostic and preventive services are covered at 100%
- Basic and major services covered at 100% at PPO Providers and at 80% at Premier and out-of-network providers
- Orthodontic coverage for dependents to age 19 and age 25 if full-time students
- Evidenced-based Integrated Care Plan
  - Provides additional cleanings and fluoride treatments to individuals with specific medical conditions that have oral ramifications
- Maximum Benefit Bonus Account
  - A portion of your unused annual maximum is rolled over into this account for future use if/when needed
- No rate increase for 2025

VSP Basic &
Premier Vision
Plans

## UNUM Life and AD&D Insurance

UNUM Long
Term Disability
Insurance

- In network coverage only
- Annual well-vision exam
- Essential medical eye care for minimal fee
- Generous annual benefit for prescription glasses or contacts
- No rate increase for 2025
- Core benefit for full-time lay employees 100% employer paid
- Life benefit up to \$50,000
- AD&D benefit up to \$50,000
- Core benefit for full-time lay employees 100% employer paid
- Elimination period is 90 days
- Benefit is 60% of gross monthly salary to a maximum of \$5,000 per month

Medical, Dental, and Vision Insurance Rates

Monthly and Per-Paycheck Cost to Employee									
	Arch Pays 85%	Single EE Pays 15% (All Grades)		Arch Pays 85%	Family EE Pays 15% (Grades A-E)		Arch Pays 80%	Family EE Pays 20% (Grades 1-7)	
	Monthly	Monthly	Per Paycheck	Monthly	Monthly	Per Paycheck	Monthly	Monthly	Per Paycheck
UHC Choice	\$795.60	\$140.40	\$70.20	\$2070.60	\$365.40	\$182.70	\$1,948.80	\$487.20	\$243.60
UHC Choice Plus QHDHP	\$587.35	\$103.65	\$51.83	\$1,528.30	\$269.70	\$134.85	\$1,438.40	\$359.60	\$179.80
Delta Dental		\$43.02	\$21.51		\$120.88	\$60.44		\$120.88	\$60.44
VSP Basic		\$6.64	\$3.32		\$18.30	\$9.15		\$18.30	\$9.15
VSP Premier		\$8.80	\$4.40		\$24.26	\$12.13		\$24.26	\$12.13

#### **Full Monthly Medical Premiums**

Choice: \$936.00/Single; \$2,436.00/Family

Choice Plus QHDHP (HSA Compatible): \$691.00/Single; \$1,798.00 Family

## UNUM Short Term Disability Insurance

## United Healthcare Ancillary Products

- Voluntary benefits for full-time employees (excluding priests) 100 percent employee paid
- Benefit period is 11 weeks
- Benefit is 60 percent of gross weekly earning to a maximum of \$1,000 per week
- Rates are age banded and based on salary

- Critical Illness Protection, Accident Protection, and Hospital Indemnity Protection Plans
- Voluntary benefits for lay employees working 20+ hours per week, clergy, and religious sisters and brothers
- 100% employee paid
- Wellness exam benefit is \$50 (limited to one per calendar year per plan)
- Benefits Assist automatic payments based on claims data
- Portable

### UnitedHealthcare Ancillary Products (cont'd)

#### Critical Illness

Maximum Benefit Amount: \$10,000 EE/Spouse, \$5,000 Child(ren)

Age banded rates per \$1,000 of coverage

#### Accident Protection

Covered injuries range from common to serious

Care includes initial (ambulance, emergency room, etc.), hospital/ICU (admission, confinement), and follow up care (wheelchairs, scooters, braces, etc.)

Life, death & dismemberment, and common carrier benefits included

Monthly premium rates:

Employee Only - \$5.94 Employee & Child(ren) - \$11.15

Employee & Spouse - \$9.37 Employee & Spouse & Child(ren) - \$17.26

#### Hospital Indemnity Protection

\$500 per hospital and/or ICU admission, limited to 3 admissions per year

\$100 per day for hospital and/or ICU confinement, limited to 364 days per year

Monthly premium rates:

Employee Only - \$8.89 Employee & Child(ren) - \$14.38 Employee & Spouse - \$17.20

Employee & Spouse & Child(ren) - \$24.11

# OPTUM Employee Assistance Program (EAP)

- On-demand mental and emotional health support
- 3 visits per issue
- Virtual visits/telehealth counseling
- Caregiver education support sessions
- Financial, legal, and mediation services
- Available to employees (and their family members) of participating parishes, schools, and Catholic organizations even if they, themselves, are not enrolled in the medical plan

## Flexible Spending Accounts (FSA)

- Online enrollment at <u>www.dbsbenefits.com</u> or via the DBS app
- Health Care FSA: \$3,200 max
- Dependent Care FSA: \$5,000 max
- Limited Purpose FSA: \$3,200 max
  - Dental & vision expenses only
  - Only option for employees with HSAs
- Debit Card for Health Care or Limited Purpose FSAs
- Carryover feature
- 90-day runout period
- Termination runout period
- Benefits-eligible employees (i.e., 20+ hours per week) are eligible for FSAs

## Additional Information

- PrudentRx Specialty Drug Program
  - \$0 copay once enrolled in the program
  - Enrollment is automatic based on claims history
  - PrudentRx is only available with the Choice plan
  - Call the number on the back of your CVS Caremark ID card to inquire about the program
- Transform Diabetes Care
  - Enrollment is automatic based on claims history
  - If you are diabetic and NOT in the program, call the number on the back of your CVS Caremark ID
- Virtual Doctor Visits \$54 when using virtual visit provider networks; connect with a virtual provider at <a href="https://www.myuhc.com">www.myuhc.com</a>
- Rally and Real Appeal Wellness Programs. To access Real Appeal, go to <a href="https://www.realappeal.com">www.realappeal.com</a>
- One Pass Select Fitness Program; <u>www.OnePassSelect.com</u>
- A wealth of resources for members at myuhc.com, Caremark.com, deltadentalwi.com, and vsp.com
- All benefits documents are available in the Library under Quick Links in MyEnroll.com AND on the Y drive under File Sharing, then Health Insurance Information, then 2025 Health Insurance Information

# Open Enrollment 2025

- November 1 15
- This is an ACTIVE open enrollment
- All benefits-eligible employees must have a username and password for MyEnroll.com

If you do not, or if you forgot them, contact the MyEnroll Support Team at 800-945-5513 or <a href="mailto:service@myenroll.com">service@myenroll.com</a> for assistance

- All benefits-eligible employees should have received an email from <u>ArchdioceseofMilwaukee@MyEnroll.com</u> announcing the upcoming open enrollment; if you did not receive it, please check your Junk folder and/or your personal email account
- All benefits-eligible employees will receive an email on November 1 announcing that open enrollment has started
- Everything for this open enrollment is done online via MyEnroll.com
  - Once logged in, simply click on Get Started to activate the Enrollment Wizard
  - All 2025 benefits documents will be in the Library under Quick Links

### Questions?



- MyEnroll.com Support Team; 800-945-5513, <u>Service@MyEnroll.com</u>
- Tania Howell, Benefits Assistant 414-769-3424, <a href="mailto:howellt@archmil.org">howellt@archmil.org</a>
- Maureen Wurster, HR & Benefits Administrator 414-769-3423, <u>wursterm@archmil.org</u>
- Christopher Brown, Chief Financial Officer & Plan Administrator
   414-769-3425, <a href="mailto:brownc@archmil.org">brownc@archmil.org</a>

## Thank you!

# St. Raphael Health Plan

Together in Benefits • For your Health and Well-Being

Let the favor of the Lord our God be upon us

and prosper the work of our hands.

Psalm 90:17