

# Family Card

## ***The September Family Holy Habit Scoop:***

**This month's habit is about learning how to offer our daily tasks, as individuals and as a family, to God so that our work really matters and is not a cause for complaining. Joining our efforts to Jesus is the pathway to making our work matter.**



**SEPTEMBER HABIT**



## **LABOR FOR THE LORD**



**GIVE EACH DAY TO GOD WITH A MORNING OFFERING PRAYER.**



**GIVE EACH NEW TASK AND TRIP TO GOD WITH A "HAIL MARY."**



**GIVE EACH HARDSHIP TO GOD PRAYING: "I TRUST IN YOU!"**

## How Parents Can Lead the Way:

- Reflect personally on how, or why, your own line of work, or your work around the house, is important and meaningful to you. If the work is not an enjoyable part of your life, then be deliberate about finding meaning in it not only for the benefit it is to your family, but also by the way in which you are sharing in the cross of the Lord to save souls. Your children will pick up on your holy attitude toward your labors.

## Making the September Habit Challenge As a Family:

- Make a morning offering prayer together in the car on the way to school.
- Take turns assigning a family member to be the "Hail Mary" reminder and leader whenever a new car ride begins.
- Whenever a minor household injury occurs, say a short prayer offering the pain to God while doing the "bandaging."
- Many parents have made a habit out of keeping the text of the morning offering prayer taped to their bathroom mirror in order to pray it while getting ready for the day.
- You and your children can pray a daily offering prayer in your own words and craft the prayer to whatever specific tasks are ahead for the day.



THE  
**HOLY HABITS  
CHALLENGE**

*Run the Race to Holiness*



"EVERY ATHLETE EXERCISES  
DISCIPLINE IN EVERY WAY"

1 COR 9:25



"I DRIVE MY BODY AND TRAIN IT"

1 COR 9:27



"RUN SO AS TO WIN"

1 COR 9:24