

# A Standard Drink (U.S.)

12 ounces of  
regular beer

=

8-9 ounces of  
malt liquor

=

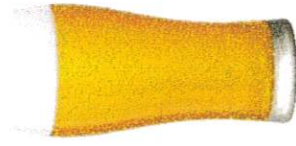
5 ounces of  
table wine

=

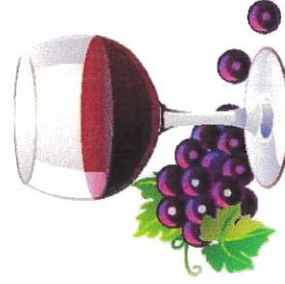
1.5 ounces of  
spirits/hard liquor



about 5% alcohol



about 7% alcohol



about 12% alcohol



about 40% alcohol

# Alcohol Awareness Month





## BLOOD ALCOHOL CONTENT (BAC)

Table for Male (M) / Female (F)

Number of Drinks		Body Weight in Pounds											Driving Condition
		100	120	140	160	180	200	220	240				
0	M	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	Only Safe Driving Limit
	F	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	.00	
1	M	.06	.05	.04	.04	.03	.03	.03	.03	.03	.03	.02	Driving Skills Impaired
	F	.07	.06	.05	.04	.04	.03	.03	.03	.03	.03	.03	
2	M	.12	.10	.09	.07	.07	.06	.06	.05	.05	.05	.05	
	F	.13	.11	.09	.08	.07	.07	.07	.06	.06	.06	.06	
3	M	.18	.15	.13	.11	.10	.09	.09	.08	.08	.08	.07	
	F	.20	.17	.14	.12	.11	.10	.10	.09	.09	.09	.08	
4	M	.24	.20	.17	.15	.13	.12	.12	.11	.11	.11	.10	Legally Intoxicated
	F	.26	.22	.19	.17	.15	.13	.13	.12	.12	.12	.11	
5	M	.30	.25	.21	.19	.17	.15	.15	.14	.14	.14	.12	
	F	.33	.28	.24	.21	.18	.17	.17	.15	.15	.15	.14	

Subtract .01% for each 40 minutes that lapse between drinks.

1 drink = 1.5 oz. 80 proof liquor, 12 oz. 5% beer, or 5 oz. 12% wine.

**Fewer than 5 persons out of 100 will exceed these values.**