



Day 3 | Live It | (Re)Commit Your Life to Christ

In today's One Percent Prayer, Margaret invites you to (Re)Commit Your Life to Christ.

How have you encountered Jesus in your life? How does that change your life?

Ask Jesus to bless your imagination and help you call to mind a time that you knew God was with you and really loved you. Dwell with God in that memory. Just rest with God there. Jesus wants to fill you up, so that you're better able to pour yourself out in love for God and others.

The following is an excerpt of Andre Lesperance's *(Re)Commit Your Life to Christ Reflection*.

To view the entire reflection click: [\(Re\)Commit Your Life to Christ](#)

A Call to Surrender All

Jesus' call to follow him is nothing less than a call to surrender our entire lives completely to him. He minces no words throughout the gospels:

"If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it" ~Mark 8:34-35

These are challenging words! Yet the disciple of Jesus soon discovers that these are the words of everlasting life. They point to the deepest possible freedom and joy—the freedom to say yes to all that we were made for; the freedom to love and be loved in the most radical, satisfying way.

Our "yes" to the Lord is not simply a one-time event. Committed relationships entail a long journey of growth through many ups and downs. Take marriage, for example. While the wedding vows are indispensable, it is the experience of daily love-in-action and dying to self that gives flesh to the vows. The vows help set the course, proclaim the intentions, and call both spouses to an ongoing life of surrender. As the couple lives the vows over time, even through ups and downs, they can grow in their capacity to say yes to one another in deeper and more authentic ways.

“You are Mine” and “I am Yours”

We might summarize the marriage covenant, as well as God’s Covenant with his people in Christ, as a mutual declaration of “I am yours” and “you are mine.” That is, “I receive all that you freely give me,” and “I give myself entirely to love and serve you.”

While there are important differences between a marriage and the relationship God has with his people, marriage remains a powerful scriptural analogy for our reflection. For example, do we take vows as disciples of the Lord? Indeed we do! The rite of baptism calls for the community to “renew now the vows of your own baptism.” The Church’s liturgies and sacraments are replete with prayers and rituals that remind us that we are not in a casual, occasional relationship with the One who created the universe. We are in a Covenant, sealed in God’s own blood, which is meant to last not only “until death do us part,” but eternally. If we understand this correctly, we cannot even *imagine* better news!

Though we might know this intellectually, perhaps we often fail to grasp its significance in shaping our daily life with Christ. Thus, just as it is good for spouses to celebrate and renew their vows to one other on occasion (anniversaries, special occasions, or quiet tender moments), so it is good for us Christians to renew our “yes” to Jesus and the Covenant that gives ultimate meaning to our lives.

Renewing Your Commitment to Christ

Take some time to reflect on your own history and experience of living in covenant with God in Christ. Have you consciously and personally said “yes” to receive God’s vow of faithfulness to you? Have you made the vows of baptism your own—declaring these inspired words with the authenticity of your own heart? In other words:

Have you ever told God (perhaps in different ways or words), “You are mine”?

Have you ever told God (perhaps in different ways or words), “I am yours”?

Write a prayer of commitment and surrender. Write a prayer expressing your own renewed personal commitment and surrender to the Lord. First thank him and express your own “yes” to receiving his gifts of love, forgiveness, and faithfulness to you. Then express your own commitment to him. This might be a more general prayer of entrustment and surrender to Jesus, or it might focus on one or more of the currently “un-surrendered” areas of your life. Be as honest as you can, and ask the Holy Spirit to assist you.

For more click: [\(Re\)Commit Your Life to Christ](#)