

ARCHDIOCESE of MILWAUKEE

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— Welcome — TO HOLY WEEK!



Each year, Christians around the world walk with Jesus through His Passion, Death, and Resurrection during Holy Week. Many of us spend several days of this week in church, praying together with our families, fellow parishioners, and even strangers. These rituals and liturgies ground us, calling us back to a loving relationship with Christ and His Church. And while we cannot physically participate in these holy days this year, we can still spiritually draw close to our Lord in our homes. To help with that, we have created this guide to living *Holy Week in the Domestic Church*.

In this guide, you will find a number of ways to celebrate a holy and prayerful Holy Week in your home. You will find adapted versions of the Holy Week liturgies as well as Scripture readings for prayer and reflection. You will also find numerous suggestions to truly live the days of Holy Week during all hours of the day. These include meal ideas, movie and music recommendations, and activities for both adults and children. While most ideas involve materials you can find at home, you may need to add a few things to your grocery list. To limit multiple store trips, we suggest making a plan and adding any needed supplies to your grocery list.

To use this guide best, set aside time to read through it before Palm Sunday. Make note of which suggestions draw your interest and which ones might work best for your home. Please know that these are merely suggestions; there is no obligation to participate in any particular activity or prayer. Some things will work better for some homes, and many homes will have other traditions to incorporate as well. If many of these practices are new to you, you may choose to adopt just a couple this year and add to them in the future. Do what is attainable and will bring joy on Easter Sunday.

Holy Week is an opportunity for metanoia, a full and complete transformation of our hearts, minds, and souls. The Cross of Christ transforms us from those outside a relationship with God into His beloved Sons and Daughters, heirs of the promises of the Kingdom of Heaven. This Holy Week, may you also experience this metanoia and grow deeper in union with our loving God, rising on Easter morning with Easter joy in your hearts and upon your lips, shouting "Alleluia! He is Risen! He is Risen indeed!"

DAY-BY-DAY Guide & Suggestions

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PALM SUNDAY

On Palm Sunday, we celebrate Jesus' triumphant entry into Jerusalem.

Mass on this day begins with a blessing of palms, which the people of Jerusalem waved and laid at the Messiah's feet as He walked through the city while shouting "Hosanna to the Son of David!" (Matthew 21:8-9). As Mass continues, we are reminded of how quickly things change.

Whereas we started shouting praise, in the Gospel we find ourselves shouting "Crucify Him!" Palm Sunday presents a beautiful paradox of praise and condemnation, of joy and sorrow, preparing us for the greatest paradox of all come Easter Sunday.



READ & REFLECT

- Readings for Mass http://www.usccb.org/bible/readings/040520.cfm
- See also: Matthew 21:1-11; Mark 11:1-11; Luke 19:28-44; John 12:12-26



LIVE IT!

Wear red. At Mass, we use red vestments to commemorate the blood of Christ. Live this out in your outfit for the day.

Make palms. Make streamers or cut off some branches of a midwest palm - the pine tree! Reminder - be a good neighbor! Only do this if you own the tree.

Hang your palms. Hang your 'palms' on your front door as a sign to others that Christ reigns in your home!

Eat red. Serve a red meal. Think spaghetti with red sauce, and maybe this salad with hearts of palm in it

Celebrate *Palm Sunday* in the Domestic Church on page 13.

MONDAY — WEDNESDAY – of HOLY WEEK

Sometimes it feels like not much happens between Palm Sunday and the beginning of the Paschal Triduum (the three days of Holy Thursday-Easter Sunday). But in the Gospels, we find Jesus continuing to teach and prepare for the events later in the week. In this time, Jesus cleanses the Temple (Matthew 21), teaches in parables about the need to be prepared (Matthew 22 & 25) and about the end of the world (Matthew 24). We can spend these days similarly making preparations for what is to come on Holy Thursday.



READ & REFLECT

- Monday Readings for Mass http://www.usccb.org/bible/readings/040620.cfm
- Tuesday Readings for Mass http://www.usccb.org/bible/readings/040720.cfm
- Wednesday Readings for Mass http://www.usccb.org/bible/readings/040820.cfm
- See also: Matthew 21:12-26:14; Mark 11:12-14:11; Luke 19:45-22:6; John 12:27-50



LIVE IT!

Clean the Temple. Do some deep cleaning around the house! Take on a few rooms every day. Clean out closets, get clothes and toys ready to donate, clean the fridge, etc. Get the kids involved, too!

And the other Temple. Do some deep cleaning in your heart, too! Set aside time to make a full Examination of Conscience. If your parish is offering the Sacrament of Reconciliation, build that into your preparation, as well. If you are unable to go to Reconciliation, make a sincere Act of Contrition, resolve to go to the Sacrament as soon as you are able, and trust in God's mercy.

- Find an examination of conscience <u>here</u>
- Find an Act of Contrition here

Prepare. Make a plan for the rest of this week. Plan out your meals, get the food and other things you need so that you can be home all weekend.

Spy Wednesday. The Wednesday of Holy Week is sometimes referred to as "Spy Wednesday" in reference to the betrayal of Judas Iscariot, who sold information leading to Jesus' arrest for thirty pieces of silver (Matthew 26:1-16).

- Hide thirty coins (pieces of silver) in a room of your house. Have your children search for them, with no rules whoever gets each coin gets to keep it. You may find that some feelings or people get banged up along the way.
- Read the story of Judas' betrayal of Jesus in Matthew 26:1-16.
- Process the coin search with your children. Were there instances of some siblings "betraying" each other for money? Facilitate reconciliation between all parties, and agree to give all the money to a charitable cause.

HOLY THURSDAY -

Holy Thursday begins the holiest time of the liturgical year - the Paschal Triduum - the days of Our Lord's Passion, Death, and Resurrection. This first night of the Triduum takes a more celebratory tone. At the Last Supper, Jesus washes the feet of His apostles, consecrates them to the priesthood, and institutes the Sacrament of the Eucharist. At Mass, we show this joy by putting away the purple of Lent and wearing white; we also sing the Gloria again. Despite the sorrow to follow, we pause to celebrate this final meal between Jesus and His disciples.



READ & REFLECT

- Readings for Mass of the Lord's Supper http://cms.usccb.org/bible/readings/040920-lord-s-supper.cfm
- See also: Matthew 26:17-46; Mark 14:12-42; Luke 22:7-46; John 13-17



LIVE IT!

Make a nice dinner. The Last Supper was a Passover meal, which celebrates the liberation of the Jewish people from slavery from the Egyptians as recorded in the book of Exodus. You can make a similar meal with some of these ideas:

- Lamb chops here's a nice recipe
- Bitter herb salad
- Apple sauce
- Flatbread (or make your own unleavened bread)
- For dessert: <u>Angel food cake</u> (the Eucharist is also called *the bread of angels*!)

Celebrate Holy Thursday in the Domestic Church on page 18.

Keep watch with Jesus. At the end of Mass on Holy Thursday, the Blessed Sacrament is processed to a "tabernacle of repose," symbolizing Jesus' journey from the Last Supper to the Garden of Gethsemane, where He will soon be arrested. While in the Garden, Jesus asks Peter, James, and John to "watch and pray" with Him (Matthew 26:41). Typically, the faithful "keep watch" at the tabernacle of repose by doing some of the following:

- Keep silence throughout the evening.
- <u>Listen to and sing</u> the Pange Lingua, an ancient hymn about the Eucharist written by St. Thomas Aquinas
- Pray through John 13-17, which includes Jesus' final teachings and encouragement to His disciples

GOOD FRIDAY

The Paschal Triduum continues into Good Friday. After the Last Supper, Jesus is arrested in the Garden of Gethsemane, put on trial, and sentenced to death by crucifixion. While we know the promise and reality of the Resurrection, we pause every Good Friday to remember the truth that Jesus was mocked, beaten, and brutally put to death - a death He submitted to because of His infinite love for each of us. As the world entered silence on the first Good Friday, so does the Church. No Masses are celebrated between Holy Thursday and the Easter Vigil. Good Friday gives us a blessed opportunity to walk with our Lord to the Cross, for He tells us "If any man would come after me, let him deny himself and take up his cross and follow me" (Mark 8:34).



READ & REFLECT

- Readings for the Lord's Passion
 http://cms.usccb.org/bible/readings/041020.cfm
- See also: Matthew 26:47-27:61; Mark 14:43-15:47; Luke 22:47-23:56; John 18-19



LIVE IT!

Fast and abstain. Like Ash Wednesday, Good Friday is a day of fasting and abstinence for all Catholics. Review the guidelines here

Lift High the Cross. Put a Cross or Crucifix somewhere prominent in your home - somewhere you will see it often. As you pass by, remind yourself of Christ's sacrifice and say a short prayer of thanksgiving, e.g. "Jesus, thank you for dying for me. I love you."

Hot Cross Buns. Make this old Good Friday tradition for breakfast

Keep Quiet. Limit noise and use of electronics as much as possible, entering into the silence of this day. In particular, observe this silence from 12pm-3pm, the hours Jesus hung on the Cross. A couple things you could do:

- Do some manual work in the yard, in solidarity with the labor Christ did on the Cross. Offer up your struggle and suffering for the salvation of souls.
- For children: Play with <u>Holy Week matching cards</u> and color these <u>Stations of the Cross pages</u>

Pray the Stations of the Cross. You can do this inside or outside (the latter will give children a chance to move a little!). Use your favorite version of the Stations, or <u>try these Stations written by St. Alphonsus Liguori</u>

Start the Divine Mercy Novena. Jesus' death on the Cross is the great moment of God's mercy on the whole world. Start these nine days of prayer for God's divine mercy, which will finish on eve of Divine Mercy Sunday. <u>Find the Novena prayers here</u>, or <u>sign up for daily email reminders through PrayMoreNovenas.com</u>

Celebrate Good Friday in the Domestic Church on page 25.

HOLY SATURDAY

Because there are no liturgies from Good Friday until the great Easter Vigil, Holy Saturday can be easy to overlook. However, Christ was at work on this day, descending into the dead and preparing to open the gates of heaven for us!



READ & REFLECT

• An ancient homily http://www.vatican.va/spirit/documents/spirit_20010414_omelia-sabato-santo_en.html

• See also: *Matthew 27:62-66*



LIVE IT

Enter the Tomb. Jesus remains in the darkness of the tomb today. Try to keep the lights off in your house, continue to cultivate silence (*see suggestions in Good Friday*), and consider keeping some form of fast today, as well.

Ready the Flame. Get ready to celebrate the Light of Christ by making a family Paschal Candle

Prepare for Easter. Dye Easter Eggs. Finish Easter baskets. Decorate. Prepare food for your Easter feast. The Lord is coming!

EASTER VIGIL

The high point of the liturgical year happens at the Easter Vigil. Salvation History reaches its climax as we journey from the dawn of Creation to the Resurrection of Christ. Many new Catholics enter the Church and receive the sacraments at this Mass, and we renew our baptismal promises, rejoicing in the salvation won for us through Jesus' Passion, Death, and Resurrection.



READ & REFLECT

• Readings for the Easter Vigil http://cms.usccb.org/bible/readings/041120.cfm



LIVE IT!

After dark: Celebrate Easter Vigil in the Domestic Church on page 32.

Party!! Sing Alleluia as loud as you can. Pop the champagne. Eat some dessert. Enjoy that thing you gave up for Lent! Live joyfully.

EASTER SUNDAY

"He is Risen! He is Risen indeed!" This traditional Easter greeting encapsulates the great joy of Easter morning. We rise to find that the tomb is empty - that our Lord has risen as He said, and that we have access to eternal life because of Him. It is truly a joyful day, and we should celebrate it as such!



READ & REFLECT

- Readings for Mass http://cms.usccb.org/bible/readings/041220.cfm
- See also: Matthew 28:1-15; Mark 16:1-11; Luke 24:1-12; John 20:1-18



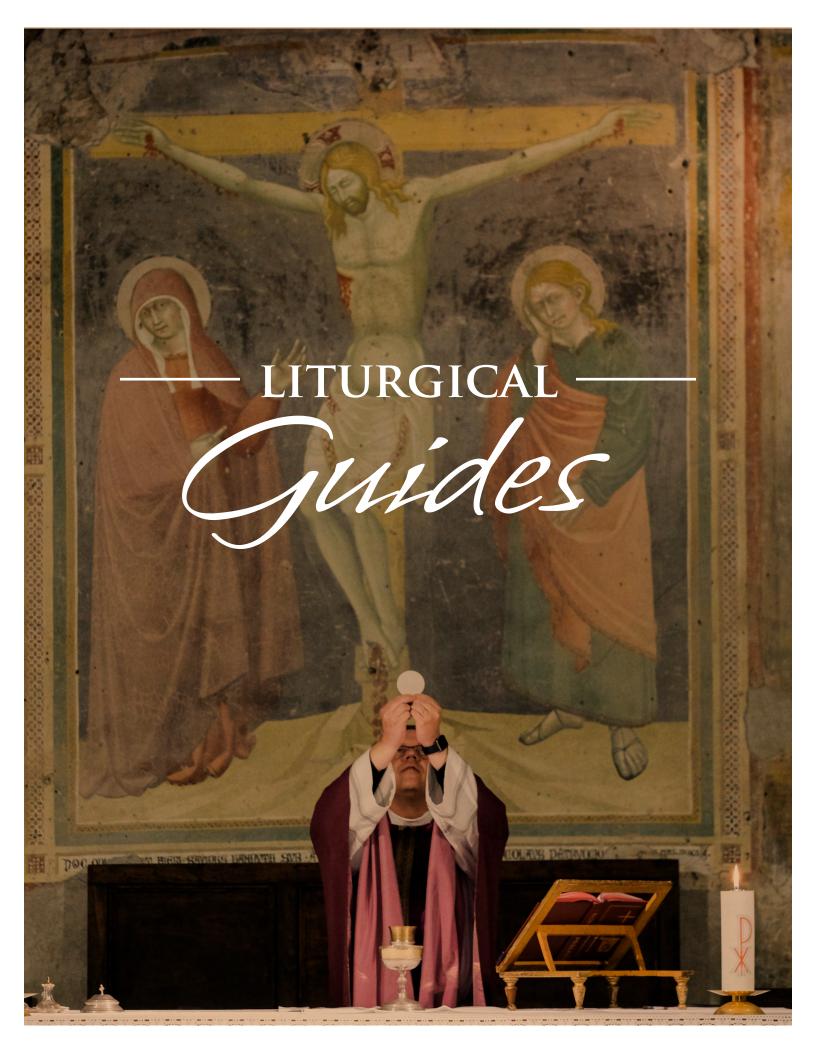
LIVE IT!

Go to Mass! If you did not celebrate the Easter Vigil last night, find an online Mass to stream and participate!

Do Easter Stuff. Hunt for Easter baskets, eggs, and spend time as a family

Have a feast! Make <u>Resurrection Rolls</u> for breakfast. Make a feast - see some <u>ideas here</u> and <u>check</u> out more here

Do it again - 49 times. Remember, the Easter celebration lasts for a whole 50 days until Pentecost. Keep cultivating joy and sharing it with others!



Sunday, April 5, 2020

At an appropriate time, all gather together to celebrate Palm Sunday and Jesus' entry into Jerusalem. A simple prayer space can be created in your home for the entire week, starting today with a candle, crucifix, and/or palms or other plants available. Children might also be encouraged to create palm branches (https://mommysnippets.com/hosanna-branch-wavers/). If there is Holy Water in the home, the family may sign themselves with it when they gather.

If the hymn is unfamiliar, you may find it on the internet (example: YouTube), shorten it, or simply move on to the other prayers. A leader should divide up the roles and adjust the service as necessary to make sure everyone is able to participate.

Sign of the Cross

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Leader: Let us praise God, who fills our hearts and home with peace.

All: Blessed be God forever.

Introductory Remarks

Leader: Since the beginning of Lent until now,

we have been preparing our hearts

through prayer, fasting, and works of charity,

for this celebration of Holy Week.

Even though we cannot gather with our parish family,

today we announce, with the whole Church,

the beginning of our celebration of the Lord's Paschal Mystery,

of the Lord's Laserial Mystery,

that is to say, of his Passion, Death, and Resurrection.

In order for the Lord to accomplish this great mystery,

he had to enter his own city of Jerusalem.

Therefore, with all faith and devotion,

we now commemorate

the Lord's entrance into the city of our salvation.

Opening Prayer

Leader: And so, let us pray. (observe a moment of silence)

Loving God,

As we begin this Holy Week,

we remember your triumphal entry into Jerusalem

singing your praises and shouting "Hosanna to the Son of David."

You are the one true King, the great leader of all,

yet, in your love and mercy, you became like us

by taking on human form and living among us.

As we celebrate and shout "Hosanna" today, may we remember what will follow soon. Keep us faithful in word and deed,

and help us love you and one another.

We ask this through Christ, our Lord. Amen.

Reading

Leader: We now listen to the words of the Holy Gospel according to Matthew.

Reader: When Jesus and the disciples drew near Jerusalem

and came to Bethphage on the Mount of Olives,

Jesus sent two disciples, saying to them,

"Go into the village opposite you,

and immediately you will find an ass tethered,

and a colt with her.

Untie them and bring them here to me.

And if anyone should say anything to you, reply,

'The master has need of them.'

Then he will send them at once."

This happened so that what had been spoken through the prophet might be fulfilled:

inight of fulfilled.

Say to daughter Zion,

"Behold, your king comes to you,

meek and riding on an ass,

and on a colt, the foal of a beast of burden."

The disciples went and did as Jesus had ordered them.

They brought the ass and the colt and laid their cloaks over them,

and he sat upon them.

The very large crowd spread their cloaks on the road,

while others cut branches from the trees

and strewed them on the road.

The crowds preceding him and those following

kept crying out and saying:

"Hosanna to the Son of David;

blessed is the he who comes in the name of the Lord;

hosanna in the highest."

And when he entered Jerusalem

the whole city was shaken and asked, "Who is this?" And the crowds replied,

"This is Jesus the prophet, from Nazareth in Galilee."

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.

Leader: Like the crowds who welcome Jesus in Jerusalem,

we, too, welcome Jesus, the Son of David,

the King of Israel.

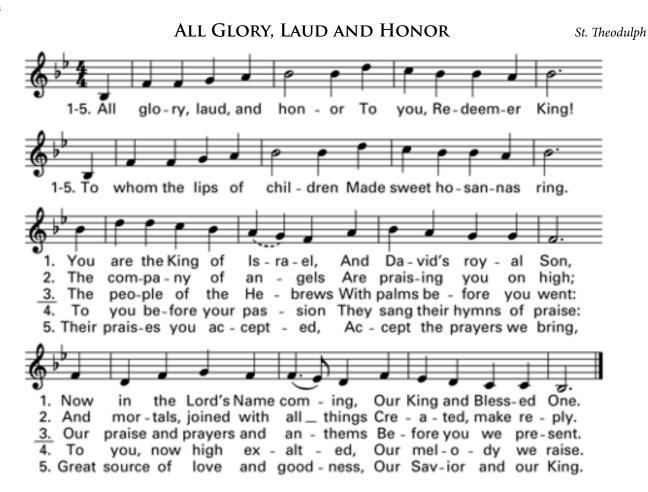
Holding our palm branches, we acclaim Christ, the Lord,

as we shout out,

"Hosanna to the Son of David."

Those gathered may walk around the house, inside or outside, holding their palm branches while shouting "Hosanna to the Son of David" or by singing the hymn.

Hymn



Text: 76 76 D; Theodulph of Orleans, ca. 760–821; tr. by John M. Neale, 1818–1866, alt., Hymani Noted, 1854.

Music: Melchior Teschner, 1584–1635.

Public domain.

Reflection & Activity

Palm Sunday celebrates what seems like two completely different stories. It's a commemoration of highs and lows, of exaltation and tragedy. We begin our prayer commemorating Jesus's triumphal entry into Jerusalem, where he is greeted with shouts of praise and everything is joyful. He is hailed as a king, and people wave palm branches to show their honor of him. At the Mass on this day, the Gospel is from the Passion of Jesus Christ and the events that led up to his crucifixion and death on the cross. It seems so contradictory to what we just celebrated. That's the Paschal Mystery! There is one story, Jesus's life, death and resurrection, which is all connected. The same is true for us. Everything we do is connected with Christ – the good times and the difficult times.

As we begin Holy Week, take a moment to recall with your family the many stories of Jesus from the Gospels. What are some of the events from his life that have helped you grow closer to him? Do you have a favorite story or saying? Remember that the Jesus you read about in the Gospels is the very Jesus who dies and rises again.

Now think about your own life since Holy Week last year. What are some of the high and low moments you have experienced this past year that have helped you grow in your faith? You may want to share these with your family, remembering that we are all connected with each other through Christ.

After a period of time for sharing, the leader resumes with the Intercessions.

Leader: As we remember the hardships that Jesus endured for us, we are filled with hope because God is with us always,

even in difficult moments of our life.

Let us therefore call upon Him
who hears all of our needs.

Reader: For the Church: that we may continue the ministry of Jesus

by serving with love and compassion,

those who are poor, marginalized, oppressed and vulnerable,

we pray...Lord, hear our prayer.

For nations of our world torn apart by war and violence: that God may raise up leaders who will work for lasting peace, we pray...Lord, hear our prayer.

For those who have contracted the coronavirus: that God's healing Spirit will strengthen them in their struggle, bring comfort to their loved ones, and restore them to health, we pray...Lord, hear our prayer.

For all of us here on earth, connected to one another through Jesus Christ: that we may seek to imitate the humility of Christ and proclaim God's love to the world in need, we pray...Lord, hear our prayer.

Leader: God of all goodness and compassion,

you sent your son, Jesus,

to reveal your love for the world by his life, death, and resurrection.

Remembering that great love,

we pray in the words your son Jesus taught us to pray: Our Father...

Conclusion

Leader: Let us pray.

Almighty, ever-living God,
You have given the human race Jesus Christ our Savior
as a model of humility.
He fulfilled your will
by taking human flesh and giving his life on the cross.
Help us to bear witness to you by following his example
so that we may have a share in his resurrection.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Leader: May the Lord bless us, protect us from all evil, and bring us to everlasting life. **Amen.**

In the name of the Father, + and of the Son, and of the Holy Spirit. **Amen.**

Thursday, April 9, 2020

In the evening, all gather together to celebrate the Lord's Supper, the beginning of the Sacred Paschal Triduum – the Great Three Days of the Church Year leading up to the celebration of Easter.

A simple prayer space can be created in your home for the entire week, starting today with a candle, crucifix, and/or an image of the Last Supper, a loaf of bread and a bunch of grapes. Children might also be encouraged to create an image of the Last Supper (https://www.catholicicing.com/holy-thursday-last-supper-craft/). If there is Holy Water in the home, the family may sign themselves with it when they gather.

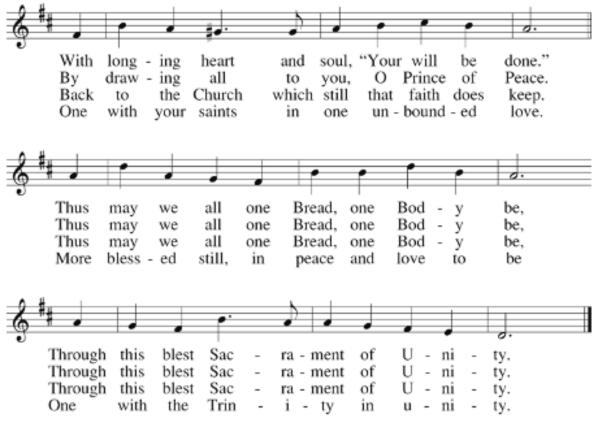
For the Washing of Feet, prepare a large bowl or basin, towels, a pitcher of warm water and a chair.

If the hymn is unfamiliar, you may find it on the internet (example: YouTube), shorten it, or simply move on to the other prayers. A leader should divide up the roles and adjust the service as necessary to make sure everyone is able to participate.

HYMN

LORD. WHO AT YOUR FIRST EUCHARIST





Text: William H. Turton, 1859–1938, alt. Tune: UNDE ET MEMORES, 10-10-10-10 with refrain; William H. Monk, 1823–1889, alt.

Public domain.

Sign of the Cross

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Leader: Let us praise God, who fills our hearts and home with peace.

All: Blessed be God forever.

Introductory Remarks

Leader: Tonight begins the Sacred Paschal Triduum with the Evening Mass of the Lord's Supper on Holy Thursday. The word Triduum comes from the Latin for "three days" -Holy Thursday, Good Friday and Easter Vigil. These three days are the highpoint of our entire Church Year.

> Holy Thursday commemorates Jesus's command to serve others, which he models in washing the feet of his disciples

and in the celebration of the Eucharist. Even though we cannot gather tonight to celebrate Eucharist, we are still called to be Eucharistic People – that is, to love one another and to follow Jesus's instructions,

"Do this in memory of me."

Our gathering tonight with our family is still a participation in Eucharist because Eucharist is deeply relational.

We cannot limit our understanding of Eucharist to only what we receive at Mass; for when we do, we miss Jesus's invitation to us, "Do this in memory of me."

How do you serve others in your own family or community? Do we dare to live our lives following the example of Christ?

Pause for a moment of silent reflection.

Opening Prayer

Leader: Let us pray.

Loving God,
who have called us to participate
in this most sacred Supper
in which your Only Begotten Son,
when about to hand himself over to death,
entrusted to the Church a sacrifice new for all eternity,
the banquet of his love,
grant, we pray,
that we may draw from so great a mystery,
the fullness of love and of life.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Leader: Let us listen now to the Word of God.

Reading 1 Corinthians 11:23-26

Reader I: Let us first listen to the words of Saint Paul to the Corinthians:

Brothers and sisters:

I received from the Lord what I also handed on to you,
that the Lord Jesus, on the night he was handed over,

took bread, and, after he had given thanks,

broke it and said, "This is my body that is for you.

Do this in remembrance of me."

In the same way also the cup, after supper, saying,
"This cup is the new covenant in my blood.

Do this, as often as you drink it, in remembrance of me."

For as often as you eat this bread and drink the cup,
you proclaim the death of the Lord until he comes.

The Word of the Lord

All: Thanks be to God

Pause for a moment of silent reflection.

Gospel John 13:1-5

Reader: We now listen to the words of the Holy Gospel according to John:

Before the feast of Passover, Jesus knew that his hour had come

to pass from this world to the Father.

He loved his own in the world and he loved them to the end.

The devil had already induced Judas, son of Simon the Iscariot, to hand him over.

So, during supper,

fully aware that the Father had put everything into his power

and that he had come from God and was returning to God,

he rose from supper and took off his outer garments.

He took a towel and tied it around his waist.

Then he poured water into a basin

and began to wash the disciples' feet

and dry them with the towel around his waist.

He came to Simon Peter, who said to him,

"Master, are you going to wash my feet?"

Jesus answered and said to him,

"What I am doing, you do not understand now,

but you will understand later."

Peter said to him, "You will never wash my feet."

Jesus answered him,

"Unless I wash you, you will have no inheritance with me."

Simon Peter said to him,

"Master, then not only my feet, but my hands and head as well."

Jesus said to him,

"Whoever has bathed has no need except to have his feet washed,

for he is clean all over;

so you are clean, but not all."

For he knew who would betray him;

for this reason, he said, "Not all of you are clean."

So when he had washed their feet and put his garments back on and reclined at table again, he said to them, "Do you realize what I have done for you? You call me 'teacher' and 'master,' and rightly so, for indeed I am. If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet.

I have given you a model to follow, so that as I have done for you, you should also do."

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.

Pause for a moment of silent reflection.

Washing of Feet

Leader: Just as Jesus washed the feet of his disciples,

let us remember that

we are called to help those around us,

especially those who are most in need at this time.

The Leader invites others to have their feet washed and to wash each other's' feet. After removing shoes/socks, one by one each may be seated and extend their feet over the bowl. This can be done by simply pouring water over the foot/feet and drying with a towel. After each washing, the following antiphon may be said aloud by all:

If I, your Lord and Teacher, have washed your feet, then surely you must wash each other's feet. (Cf. John 13:13, 15)

After all have had their feet washed a period of sharing may follow as each is encouraged to express how this ritual made them feel or how this will inspire each to serve others.

Intercessions

Leader: Confident in God's love for us,

let us bring our prayers before him

who listens to our prayers and the prayers of the whole world.

Reader: For the Church:

that we, like Jesus,

may spend our lives in loving service, washing the feet, carrying the burdens,

and comforting the brokenness of one another,

we pray...Lord, hear our prayer.

For our bishops, priests, and deacons:

that they may follow the example of Jesus

and offer humble service

and care for those they shepherd,

we pray...Lord, hear our prayer.

For the world:

that God will deliver us from the CoVID-19 virus,

keep safe all who are vulnerable to the disease, and protect all healthcare workers who are serving those who are ill, we pray...Lord, hear our prayer.

For those who are sick or homebound, for those who are homeless or hungry, and for those who feel alone this night: that God's Spirit will comfort them, help them to hold onto truth, and fill their hearts with peace, we pray...Lord, hear our prayer.

For all of us gathered here, as the Body of Christ: that we may strive to serve one another and all that we encounter with humble, self-giving love. we pray...Lord, hear our prayer.

Leader: God, our source of nourishment and strength,

you have given us the Eucharistic feast to draw us closer to you and one another. Strengthened by your love,

we pray in the words your Son Jesus taught us to pray: Our Father...

Conclusion

Leader: Let us pray.

O God, in the fullness of time you revealed your love in Iesus the Lord.

On this, the eve of his death, as a sign of your covenant, he washed the feet of his disciples and gave himself as food and drink.

May the supper that your Son left us this night sustain our life on earth and grant that our hunger may be fully satisfied in the everlasting banquet of heaven.

We ask this through Christ our Lord. Amen.

Leader: May Jesus Christ,

who for our sake became obedient unto death,

even death on a cross, keep us and strengthen us this night and for ever. **Amen.**

In the name of the Father, + and of the Son, and of the Holy Spirit. **Amen.**

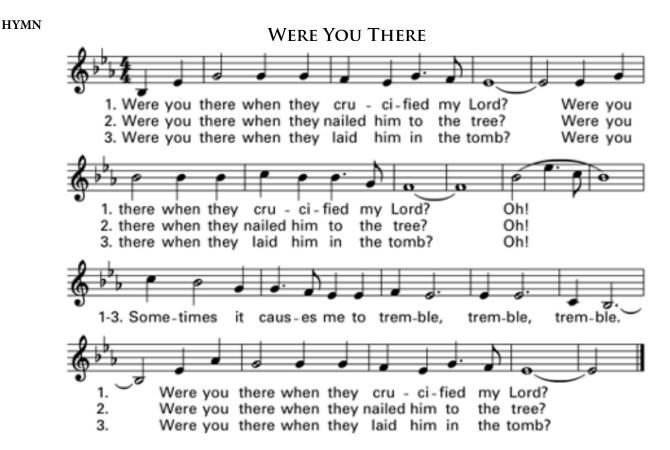
Those gathered are invited to spend the remainder of the evening in respectful silence in order to more fully contemplate the great gift of Christ in the Eucharist.

Friday, April 10, 2020

On Good Friday, the Church gathers to hear John's Gospel account of Jesus's suffering and death, and we are reminded of the great injustices in the world. Unfortunately, we live in a broken, fractured and sinful world and oftentimes these systems of oppression, hate and fear are so common that we barely notice them. Good Friday is a reminder of these injustices and we pray today that we may have the conscience to see and the courage to act; remember that these death-dealing forces of our society never win. Mercy, forgiveness, life and love always prevail in Christ Jesus.

The traditional Good Friday liturgy has no formal beginning or ending and contains three unique parts: the reading of John's Passion, the praying of the Solemn Intercessions, and the Adoration of the Holy Cross. Each of these parts help us enter more fully into Jesus's life and recommits us to pray and work for the good of the Church and of the whole world.

A simple prayer space can be created in your home, using a single candle, a cross or crucifix, and a red piece of cloth. If the hymn is unfamiliar, you may find it on the internet (example: YouTube), shorten it, or simply move on to the other prayers. A leader should divide up the roles and adjust the service as necessary to make sure everyone is able to participate.



Text: 10 10 14 10. Text and music: African American Spiritual

Pause for a moment of silent reflection.

Opening Prayer

Leader: Lord,

your Son reconciled us to you by suffering on the cross and then returned to you in glory.

May we, your people, look upon your cross as a sign of redemption and find in it protection and strength; may we carry our own crosses in the spirit of the gospel until our own journey ends.

Leader: A reading from the Holy Gospel according to John.

For the reading of the Passion, the Leader should assign parts: Narrator (N), Voice (V), Jesus ($\mathfrak A$), and all others as Crowd (C). These parts may be doubled if there are fewer than four people able to read a part. Before the prayer service, the Leader may choose to highlight each part, especially for children, to ease in finding their parts. Encourage as much participation as possible.

N: From the Passion of our Lord Jesus Christ according to John.

Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said,

C: "Hail, King of the Jews!"

- N: And they struck him repeatedly. Once more Pilate went out and said to them,
- V: "Look, I am bringing him out to you, so that you may know that I find no guilt in him."
- N: So Jesus came out, wearing the crown of thorns and the purple cloak. And he said to them,
- V: "Behold, the man!"
- N: When the chief priests and the guards saw him they cried out,

C: "Crucify him, crucify him!"

- N: Pilate said to them,
- V: "Take him yourselves and crucify him. I find no guilt in him."
- N: The Jews answered,

C:	"We have a law, and according to that law he ought to die, because he made himself the Son of God."
N:	Now when Pilate heard this statement, he became even more afraid, and went back into the praetorium and said to Jesus,
V:	"Where are you from?"
N:	Jesus did not answer him. So Pilate said to him,
V:	"Do you not speak to me? Do you not know that I have power to release you and I have power to crucify you?"
N:	Jesus answered him,
¥	"You would have no power over me if it had not been given to you from above. For this reason the one who handed me over to you has the greater sin."
N:	Consequently, Pilate tried to release him; but the Jews cried out,
C:	"If you release him, you are not a Friend of Caesar. Everyone who makes himself a king opposes Caesar."
N:	When Pilate heard these words he brought Jesus out and seated him on the judge's bench in the place called Stone Pavement, in Hebrew, Gabbatha. It was preparation day for Passover, and it was about noon. And he said to the Jews,
V:	"Behold, your king!"
N:	They cried out,
C:	"Take him away, take him away! Crucify him!"
N:	Pilate said to them,
V:	"Shall I crucify your king?"
N:	The chief priests answered,
C:	"We have no king but Caesar."
N:	Then he handed him over to them to be crucified. So they took Jesus, and, carrying the cross himself, he went out to what is called the Place of the Skull, in Hebrew, Golgotha. There they crucified him, and with him two others, one on either side, with Jesus in the middle When the soldiers had crucified Jesus, they took his clothes and divided them into four shares, a share for each soldier. They also took his tunic, but the tunic was seamless, woven in one piece from the top down. So they said to one another,
C:	"Let's not tear it, but cast lots for it to see whose it will be,"

"Woman, behold, your son."

N: in order that the passage of Scripture might be fulfilled that says: They divided my garments among them, and for my vesture they cast lots. This is what the soldiers did. Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved he said to his mother,

- N: Then he said to the disciple,
- ₩ "Behold, your mother."
- N: And from that hour the disciple took her into his home. After this, aware that everything was now finished, in order that the Scripture might be fulfilled, Jesus said,
- N: There was a vessel filled with common wine. So they put a sponge soaked in wine on a sprig of hyssop and put it up to his mouth. When Jesus had taken the wine, he said,
- "It is finished."
- N: And bowing his head, he handed over the spirit.

All kneel and pause for a short time in silence before the Cross/Crucifix (if present). Then the Leader invites all to stand.

N: Now since it was preparation day, in order that the bodies might not remain on the cross on the sabbath, for the sabbath day of that week was a solemn one, the Jews asked Pilate that their legs be broken and that they be taken down. So the soldiers came and broke the legs of the first and then of the other one who was crucified with Jesus. But when they came to Jesus and saw that he was already dead, they did not break his legs, but one soldier thrust his lance into his side, and immediately blood and water flowed out. An eyewitness has testified, and his testimony is true; he knows that he is speaking the truth, so that you also may come to believe. For this happened so that the Scripture passage might be fulfilled: Not a bone of it will be broken. And again another passage says: They will look upon him whom they have pierced. After this, Joseph of Arimathea, secretly a disciple of Jesus for fear of the Jews, asked Pilate if he could remove the body of Jesus. And Pilate permitted it. So he came and took his body. Nicodemus, the one who had first come to him at night, also came bringing a mixture of myrrh and aloes weighing about one hundred pounds. They took the body of Jesus and bound it with burial cloths along with the spices, according to the Jewish burial custom. Now in the place where he had been crucified there was a garden, and in the garden a new tomb, in which no one had yet been buried. So they laid Jesus there because of the Jewish preparation day; for the tomb was close by.

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

Solemn Intercessions

Leader: We join our prayers with our brothers and sisters around the world.

Reader: I. For the Church. (pause)

That God will guide her in spreading the

Good News of Jesus Christ and to serve all who are in need. We pray...Lord, hear our prayer

Reader: II. For the Pope. (pause)

That God will protect Pope Francis and continue to inspire him in his leadership of the Church around the world.

We pray... Lord, hear our prayer

Reader: III. For all members of the Church. (pause)

That God will guide all

Bishops, Priests, Deacons, and Lay Faithful to share their gifts in service to others. We pray... Lord, hear our prayer

Reader: IV. For catechumens. (pause)

That God will strengthen all catechumens,

those preparing for baptism,

as they enter the Church this Easter Season.

We pray... Lord, hear our prayer

Reader: V. For Christian unity. (pause)

That God will gather all those who share a belief in his Son, Jesus Christ

to journey with one another in faith and service.

We pray... Lord, hear our prayer

Reader: VI. For the Jewish People. (pause)

That God will be present to all those

who are of the Jewish faith

and that they may grow closer to him by recognizing his loving kindness. We pray... **Lord, hear our prayer**

Reader: VII. For those who do not believe in Christ. (pause)

That God will be present to all those

who seek the love and mercy

which comes from following Jesus Christ.

We pray... Lord, hear our prayer

Reader: VIII. For those who do not believe in God. (pause)

That God will aid in allowing himself to be known

through the witness of service, love, and peace of his Church.

We pray... Lord, hear our prayer

Reader: IX. For those in public office (pause)

That God will guide those in government offices

to serve the needs of all people,

especially those who are poor and most vulnerable in society.

We pray... Lord, hear our prayer

Reader: X. For all those in need. (pause)

That God will hear their prayers

and answer them in their time of need bringing healing, comfort, mercy, peace, forgiveness, and love.

We pray... Lord, hear our prayer

Reader: XI. For all those suffering with the coronavirus. (pause)

That God will deliver them from their suffering,

free them from the virus, and restore them to full health. We pray... Lord, hear our prayer

Our Father

Leader: Remember us Lord when you come into your kingdom and teach us

to pray as you taught us:

All: Our Father, Who art in Heaven,

hallowed be Thy name; Thy Kingdom come,

Thy will be done on earth as it is in Heaven.

Give us this day our daily bread; and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil.

Conclusion (Prayer from the Liturgy of the Hours)

Leader: Let us pray. (pause)

Father,

look with love upon your people,

the love which our Lord Jesus Christ showed us

when he delivered himself to evil men and suffered the agony of the cross,

for he lives and reigns with you and the Holy Spirit,

one God, for ever and ever.

All: Amen.

(If there is no Cross/Crucifix present, the Leader leads the Sign of the Cross and all depart quietly or continue to spend some time in quiet prayer. Or:)

Adoration of the Cross

Leader: (turns to the Cross/Crucifix present)

We adore you, O Christ, and we praise you,

All: for by your holy cross, you have redeemed the world.

Leader: Reverences the Cross with a touch, kiss, or other gesture. Then makes a Sign of the Cross in silence. Invite others

to do the same.

Depart quietly or continue to spend some time in quiet prayer.

Besides the candle, the cross/crucifix and red cloth can preferably be left up for prayer time throughout the day until Saturday evening. Those in the household may be encouraged to spend some additional time in respectful silence or quiet prayer throughout the remainder of the day/evening and into Saturday morning.

Nightfall, April 11, 2020

The Easter Vigil liturgy is rich with symbolism and ritual and the Scripture readings tell the story of our salvation history. The rubrics for the Easter Vigil explicitly state that the entire liturgy must take place in darkness and end before dawn.

This opportunity to pray at home allows the faithful to live the Easter mystery in this unprecedented time of uncertainty. Gather the household around the table, perhaps after a simple meal. The room is prepared in the following way:

- Light a large candle.
- Place a bowl of water on the table.
- Mark the Bible for Matthew 28:1-10 and Romans 6:3-11.

The Leader parts may be taken up by various members or by one person.

FIRST PART: SERVICE OF LIGHT

Leader: With this lighted candle,

let us recall Christ in our midst who is yesterday and today, the beginning and the end, the Alpha and the Omega. All time belongs to him

and all the ages

to him be glory and power

for ever and ever.

All: Amen.

Leader: Christ is our light.

All: Thanks be to God.

THIS LITTLE LIGHT OF MINE



Spiritual. Public Domain.

SECOND PART: RECALLING SALVATION HISTORY IN THE WORD OF GOD

Leader: Let us recall the wonderful works of God in the history of salvation.

God of all creation, you spoke and everything was made.

You saw how good, how wonderful it was.

We cherish, we respect this gift of creation and give you thanks and praise:

All: God's mercy endures for ever!

Leader: God of Abraham and Sarah, you spared their son Isaac

as they strove to sacrifice everything they loved to worship you. Because you spare us, too, and bless us and fill us with grace,

we give you thanks and praise:

All: God's mercy endures for ever!

Leader: God of Moses and the Israelites,

you brought the people you chose from slavery in Egypt through the sea to safety.

Because you save us this day and every day

from all that holds us back from following you,

we give you thanks and praise:

All: God's mercy endures for ever!

Leader: God of all tenderness,

you saved Noah, his family, and creatures from the flood.

Because you save us so that no affliction separates us from your love,

we give you thanks and praise:

All: God's mercy endures for ever!

Leader: O God, you constantly call us to yourself

and feed us with your grace and mercy.

In striving to seek you, to keep you near that we may hear your voice,

and, prompted by your grace, to do your will, we give you thanks and praise:

All: God's mercy endures for ever!

Leader: Mighty God of Jacob, no other is compared to you.

All we see and all we hear is from you.

Because you protect us this day

as we follow in your way and live in enduring peace,

we give you thanks and praise:

All: God's mercy endures for ever!

Leader: God of relentless affection, nothing we do can keep you from loving us.

You wash us clean of what defiles, you renew our hearts to love you more,

and you fill us with your Spirit.

Because we are your people and you are our God,

we give you thanks and praise:

All: God's mercy endures for ever!

Leader: Let us continue to give God praise as we say:

All: Glory be....

Reader: Matthew 28:1-10

A reading from the Holy Gospel according to Matthew.

After the sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary came to see the tomb.

And behold, there was a great earthquake;

for an angel of the Lord descended from heaven,

approached, rolled back the stone, and sat upon it.

His appearance was like lightning

and his clothing was white as snow.

The guards were shaken with fear of him

and became like dead men.

Then the angel said to the women in reply,

"Do not be afraid!

I know that you are seeking Jesus the crucified.

He is not here, for he has been raised just as he said.

Come and see the place where he lay.

Then go quickly and tell his disciples,

'He has been raised from the dead,

and he is going before you to Galilee;

there you will see him.'

Behold, I have told you."

Then they went away quickly from the tomb,

fearful yet overjoyed,

and ran to announce this to his disciples.

And behold, Jesus met them on their way and greeted them.

They approached, embraced his feet, and did him homage.

Then Jesus said to them, "Do not be afraid.

Go tell my brothers to go to Galilee,

and there they will see me."

The Gospel of the Lord.

All: Praise to you Lord, Jesus Christ.

THIRD PART: RENEWING OUR BAPTISM

Leader: The Easter Vigil is the night when we make our annual renewal of baptismal promises.

Therefore, let us call on the saints to pray for us.

Holy Mary, Mother of God, pray for us.

Holy Angels of God, pray for us.

Saint Joseph, pray for us.

Saints Peter and Saint Paul, pray for us.

Saint Mary Magdalene, pray for us.

Saint Stephen, pray for us.

Saint Agnes, pray for us.

Saint _____ pray for us.

All holy men and women, pray for us.

Reader: Romans 6:3-11

A reading from the letter of St. Paul to the Romans.

Brothers and sisters:

Are you unaware that we who were baptized into Christ Jesus were baptized into his death?
We were indeed buried with him through baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might live in newness of life.

For if we have grown into union with him through a death like his, we shall also be united with him in the resurrection.

We know that our old self was crucified with him, so that our sinful body might be done away with, that we might no longer be in slavery to sin.

For a dead person has been absolved from sin.

If, then, we have died with Christ, we believe that we shall also live with him.

We know that Christ, raised from the dead, dies no more; death no longer has power over him.

As to his death, he died to sin once and for all; as to his life, he lives for God.

Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus.

The word of the Lord.

All: Thanks be to God.

Leader: Having asked for the intercession of the saints and heard the words of St. Paul, let us now renew the promises made at our Baptism.

Do you renounce Satan? I do.

And all his works?

And all his empty show? I do.

Do you believe in God, the Father almighty, Creator of heaven and earth?

I do.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, suffered death and was buried, rose again from the dead, and is seated at the right hand of the Father?

I do.

Do you believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

I do.

This is our faith.

This is the faith of the Church.

We are proud to profess it in Christ Jesus.

Leader: May this water remind us of the grace of Baptism. (pause)

O God, your chosen people were saved from the flood and passed dry shod through the Red Sea Your Son made water holy in the Jordan giving us the baptismal bath of regeneration.

We give you thanks and praise through that same Christ our Lord.

All: Amen.

All make the sign of the cross with water.

Leader: Having renewed our baptismal promises and signed ourselves with water,

let us turn to the Lord in prayer,

trusting in his everlasting love and mercy.

Reader: For the Church:

that in celebrating the paschal mystery of Jesus's death and resurrection, we might be strengthen and purified to spread Christ's light in word and in deed,

we pray...Lord, hear our prayer.

For the world:

that the powers of war, oppression, violence and death may be conquered by Christ's victory, we pray...Lord, hear our prayer.

For all who yearn for freedom...

for those enslaved...

those held unjustly,

those bound by addiction,

and for those who live under oppressive government:

that God will lead them forth to freedom,

wholeness and safety,

we pray...Lord, hear our prayer.

For the human family:

that God will deliver us from the CoVID-19 virus,

keep safe all who are vulnerable to the disease,

and protect all healthcare workers who are serving those who are ill, we pray...Lord, hear our prayer.

For all gathered here: that the Word of God may take root within us and bear fruits of faith, hope, and love, we pray...Lord, hear our prayer.

FOURTH PART: EUCHARIST AND COMMUNION

Leader: Gathering these prayers,

and all the prayers in the silence of our hearts, we pray as Jesus taught us... *Our Father....*

Let us grieve that we cannot celebrate Mass this night nor share in Christ's Body and Blood.

Let us long for the day
when our hunger for Communion
will be fed and our thirst will be quenched.
Until that day, let us pray for the health of everyone
and pledge to do what we can
for those who need shelter, food, protection, and compassion.

May almighty God bless us all, Father, + Son, and Holy Spirit. Amen.

Share a more festive dessert while giving thanks to God who saves.

Readings and psalms for the Easter Vigil

- The week that follows Easter, the Octave of Easter, is a week of solemnities.
- Spend some time each day, if you are able, with a reading or a psalm.
- Give thanks for what God continues to do in our lives.

Easter Sunday of the Resurrection of the Lord – At the Easter Vigil in the Holy Night of Easter

Lectionary for Mass, no. 41, Year A.

1. Genesis 1:1–2:2 – **on creation**.

Psalm 104:1-2, 5-6, 10, 12, 13-14, 24, 35 – (30) Lord, send out your Spirit, and renew the face of the earth. OR Psalm 33:4-5, 6-7, 12-13, 20, 22 – (5b) The earth is full of the goodness of the Lord.

2. Genesis 22:1-18 - on Abraham's sacrifice.

Psalm 16:5, 8, 9-10, 11 – (1) You are my inheritance, O Lord.

3. Exodus 14:15–15:1 – on the passage through the Red Sea.

Exodus 15:1-2, 3-4, 5-6, 17-18 – (1b) Let us sing to the Lord; he has covered himself in glory.

4. Isaiah 54:5-14 – on the new Jerusalem.

Psalm 30:2, 4, 5-6, 11-12, 13 – (2a) I will praise you, Lord, for you have rescued me.

5. Isaiah 55:1-11 – on salvation freely offered.

Isaiah 12:2-3, 4, 5-6 – (3) You will draw water joyfully from the springs of salvation.

6. Baruch 3:9-15, 32-4:4 - on the fountain of wisdom.

Psalm 19:8, 9, 10, 11 – (John 6:68c) Lord, you have the words of everlasting life.

7. Ezekiel 36:16-17a, 18-28 – **on a new heart and new spirit.**

When baptism is celebrated

Psalm 42:3, 5; 43:3, 4 – (42:2) Like a deer that longs for running streams, my soul longs for you, my God.

When baptism is not celebrated

Isaiah 12:2-3, 4bcd, 5-6 – (3) You will draw water joyfully from the springs of salvation.

OR Psalm 51:12-13, 14-15, 18-19 - (12a) Create a clean heart in me, O God.

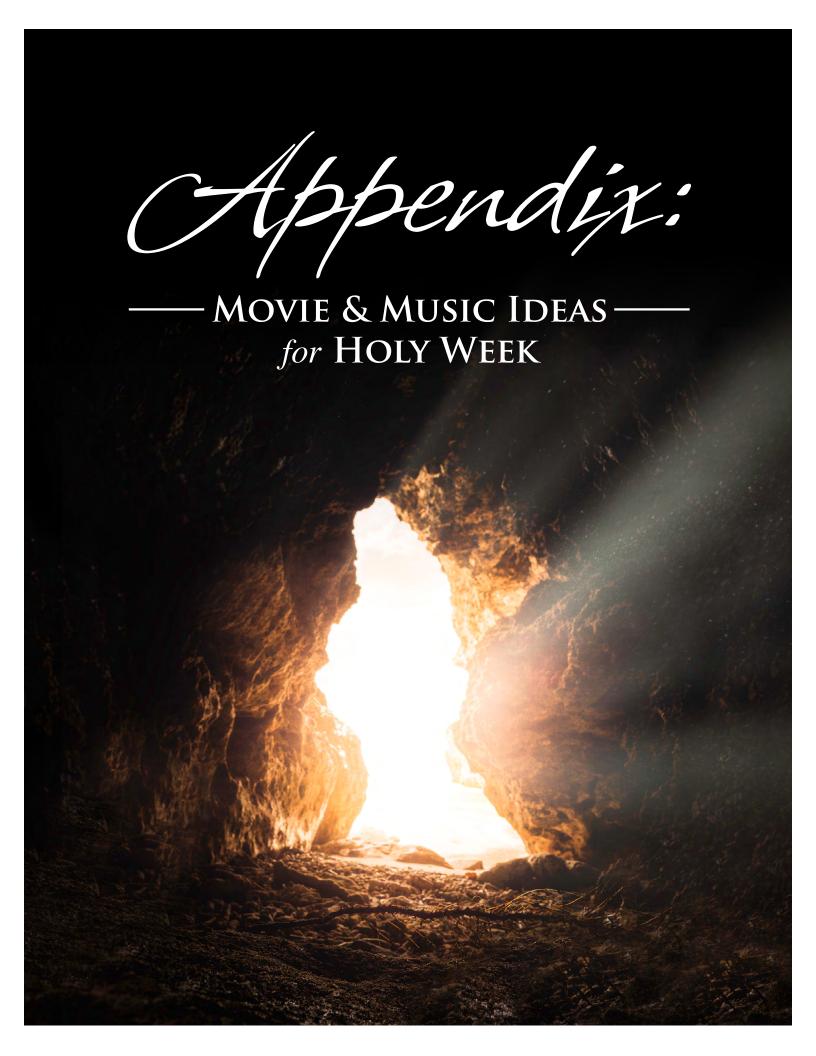
New Testament Epistle:

Romans 6:3-11 – on Baptism into Christ.

Psalm 118:1-2, 16-17, 22-23 – Alleluia, alleluia, alleluia.

Gospel

Matthew 28:1-10 - on the resurrection of Jesus Christ.





- The Passion of the Christ (2004)
- Les Miserables (2012)
- Ben Hur (2016)
- The Mission (1986)
- Risen (2016)
- Molokai: The Story of Father Damien (1999)
- The Greatest Story Ever Told (1965)
- King of Kings (1961)
- The Ten Commandments (1956)

- Mary of Nazareth (2012)
- Son of God (2014)
- The Way (2010)
- I Can Only Imagine (2018)
- Jesus of Nazareth (1977)
- The Gospel of John (2003)
- The Song of Bernadette (1943)
- Lilies of the Field (1963)

For Kids:

- Veggie Tales: An Easter Tale (2004)
- Pinocchio (1940) Hear Fr. Mike Schmitz explain why this is one of his favorite movies
- The Miracle Maker: The Story of Jesus (2000)
- Jonah: A Veggie Tales Movie (2002)
- Joseph: King of Dreams (2000)
- The Prince of Egypt (1998)
- The Legend of Three Trees (2001)



HYMNS

Palm Sunday

- All Glory, Laud and Honor
- Hosanna
- My God, My God/Psalm 22
- O Sacred Head Surrounded
- At the Name of Jesus
- Crown Him with Many Crowns
- Now We Remain

Holy Thursday

- At That First Eucharist
- Where Charity and Love Prevail
- Ubi Caritas
- The Cross of Jesus
- Pange Lingua
- Stay with Me
- He Shall Feed His Flock

Good Friday

- Were You There?
- What Wondrous Love is This
- Behold the Wood of the Cross
- Jesus, Remember Me
- O Sacred Head, Now Wounded
- Stabat Mater/At the Cross Her Station Keeping
- Let All Mortal Flesh Keep Silent
- When Jesus Wept
- Father, I Put My Life in Your Hands

Easter Vigil and Easter

- Exsultet
- Glory to God in the Highest
- Regina Caeli Laetare
- Alleluia, Sing to Jesus
- Jesus Christ is Risen Today
- Hallelujah Chorus
- O Sons and Daughters
- Amazing Grace/My Chains are Gone

PRAISE AND WORSHIP MUSIC

- Behold the Lamb of God Matt Maher
- Christ is Risen Matt Maher
- Resurrection Power Chris Tomlin
- O Praise the Name Hillsong Worship
- Mighty Cross Elevation Worship
- When I Survey the Wondrous Cross
 Kathryn Scott
- Mighty is the Power of the Cross Chris Tomlin
- Exalted Over All Vertical Worship
- At the Cross (Love Ran Red) Chris Tomlin
- God of Calvary Chris Tomlin
- Jesus, Only Jesus Matt Redman
- Lead Me to the Cross Hillsong United
- How Marvelous Chris Tomlin
- Who Am I Casting Crowns
- The Wonderful Cross Chris Tomlin & Matt Redman
- Way Maker Leeland
- What a Beautiful Name Hillsong Worship
- Sing Hosanna Josh Blakesley
- Because He Lives Matt Maher



ST. JOHN PAUL II OFFICE of the NEW EVANGELIZATION

OFFICE for WORSHIP



Holy Week in the Domestic Church: An At-Home Guide for Individuals and Families is brought to you through the generous support of the Catholic Stewardship Appeal.