

CONTINUE THE JOURNEY

FEBRUARY 17 — APRIL 6

MONDAYS 7 P.M.

Three Holy Women Parish - Holy Rosary Church | 2011 N Oakland Ave, Milwaukee, WI 53202 For more info email Terri at balasht@archmil.org

FEBRUARY 20 — APRIL 16

THURSDAYS 7 P.M.

St. Joseph Parish | S89 W22650 Milwaukee Ave, Big Bend, WI 53103 For more info email Crystal at crystal@gonring.com

APRIL 16 — MAY 28

THURSDAYS 7 P.M.

St. Mary Parish | N89W16297 Cleveland Ave, Menomonee Falls, WI 53051 For more info email Heather at mhbougie@yahoo.com

Come at no cost. No registration required. However, if you wish to receive reminder emails or more details about how to find us, please let us know by registering at http://www.johnpaul2center.org/healing-the-whole-person.

Participants will need to bring the Healing the Whole Person Workbook (8 session version either

PDF download or hardcopy) available from the John Paul II Healing Center during the Healing the Whole Person

Retreat OR order online at https://jpiihealingcenter.org/product/healing-the-whole-person/





Parish-Based Followup Sessions

All are welcome, even if they were not able to participate in the Healing the Whole Person Retreat

Do you desire healing? freedom from unhelpful patterns of thought or sin you can't seem to break? to understand and help someone else who desires healing or freedom? Healing the Whole Person provides the framework for understanding and receiving Christ's healing and peace in the heart of the Catholic Church.

OVERVIEW

Week 1: Healing the Whole Person

Week 2: Wholeness in Christ

Week 3: Facing Our Brokenness

Week 4: Prayer for Inner Healing

Week 5: Redemptive Suffering and Healing

Week 6: Healing Grace and the Sacraments

Week 7: Spiritual Gifts and Healing

Week 8: Living in Freedom

SCHEDULE

6:30 p.m. Doors open

7:00 p.m. Welcome & Prayer

7:05 p.m. Listen to Dr. Bob Schuchts' Audio-Recording (45-60 min)

~8:05pm Transition to time of prayer and journaling

with workbook activities

- Confession offered concurrently if available,

especially Week 3.

- Prayer Teams offered if available, especially Week 4,

but also 5-8.

8:30 p.m. Closing prayer and announcements

8:35 p.m. Optional Hospitality

BRING WITH YOU

- **Healing the Whole Person Workbook** (Available from the John Paul II Healing Center \$20 Journal booklet or \$16 PDF download at https://jpiihealingcenter.org/product/healing-the-whole-person/)
- Pen

If you are unable to join one of our groups, consider organizing your own Continue the Journey Group:

- Be Healed by Dr. Bob Schuchts Book Group or individual study
- Healing the Whole Person audio series & workbook in small group or individually
- Restoring the Glory Audio Series and Workbook (Theology of the Body)
- Unveiled Audio Series and Workbook (Marriage strengthening for couples)