



Praying Intentionally for Your Parish and Community

If the small group is the car that gets us to discipleship, and person to person relationship is the engine, then prayer is the fuel.

Other resources -

Pre-recorded [Praying with Your Group](#)

Live Lab this afternoon at 6:30 - Experiential Group Training

Prayer Ministry tonight at 7:30 - experience one way to offer prayer ministry virtually. Clearly in-person is better, but social distancing doesn't need to stop us.

The purpose of this lab is really to explore how we can get our parishes/parishioners to pray intentionally for our parish and community.

Intercessory Prayer

The Catechism of the Catholic Church says that intercessory prayer is the form of prayer that leads us to pray as Jesus did, as he always lives to intercede for all of us with the Father (2634). That means, taking time to offer prayers of intercession is one way that we grow in the ability to love the way Jesus loves.

“Prayer of intercession consists in asking on behalf of another. **It knows no boundaries**”

~ Catechism of the Catholic Church, 2647

“Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.” ~Philippians 4:6-7

Intentional Parish Prayer Ministries

- **Rosary Prayer Group**

- Collect Intentions for broader parish
- Set time, live streamed, or in person respecting social distance

- **Prayer Chain - powerful during social distancing for connecting**
 - Create a phone tree, where each person calls 2-5 people to share a prayer request.
 - Gives people the chance to converse and pray with the person calling them and the people they call.
- **Ministry from our homebound and skilled nursing facility residents**
 - St. Theresa of Calcutta's Second Self Ministry for staff
 - Second Self commits to offer up sufferings for their staff member. Second Self is thanked for the fruit of the work of the staff person.
 - Offer to bereaved or those in need of prayers
 - Ask permission to share name or details
 - Ask prayer warriors to keep confidential
 - Send updates to prayer warriors
 - If both the person with the prayer request and the prayer warrior agree, share contact info.
- [Prayer Walk Treasure Hunt](#)
- [Seven Sisters Apostolate](#)
- **Intercessory Prayer Teams available to pray for others**
 - Demonstrated during our Prayer Ministry Time at 7:30 tonight
 - Provide training for Prayer Teams
 - Safeguarding training for all prayer team members
- **Little Buddies connecting students receiving Confirmation and First Holy Communion to pray for each other**
- [Brainstorming how we can intercede intentionally for the needs in the community](#) collected during Live Lab Time