

SMALL GROUP DISCUSSION GUIDES RECOMMENDED BY PARISHES

The below resources have been recommended by parishes with Small Group Discipleship Ministries. We would be happy to talk with you about what might be best for your group. Think in terms of who your group is for: the **Curious** (been away from the faith, just returning to the faith, or having little to no background in our faith) or for those looking to **Grow Deeper** in their Catholic faith. Any of these resources work for in-person or virtual groups.

1. [Alpha in a Catholic Context](#) - For everyone, designed for the Curious.
2. For the Curious
 1. Bible Study
 1. [Discovery or Source CCO](#) (make sure to order from USA distributor)
 2. [Believe EC](#) (Free books available through BCC) (6 wks)
 3. [Salvation History](#) FOCUS (8wks)
 4. Upcoming Sunday Gospels. Two free resources: [Emmaus Journey](#) & [Sunday Scripture Study](#) (we're in Year A)
 5. [Crux \(FOCUS\)](#)
 2. Book Club
 1. [Fill These Hearts](#) Christopher West (Theology of the Body)
 2. [Resisting Happiness](#) by Matthew Kelly
 3. [Something Other Than God](#) by Jenifer Fulwiler
3. Grow Deeper (any of the above can work, but also)
 1. Bible Study
 1. [CCO Growth, Trust](#) (make sure to order from USA distributor)
 2. [Virtue Groups](#) for Women
 3. [Walking with Purpose](#) for Women
 4. [Exodus 90](#) for Men
 5. [Theology of the Body](#) FOCUS
 6. [ACTS \(FOCUS\)](#)
 2. Book Club
 1. [Time for God](#) Jacques Phillipe
 2. [I Believe in Love](#) (St. Therese)
 3. [On the Meaning of Human Suffering](#) (Pope St. John Paul)
 4. [God Help Me](#) by Jim Beckman

ALSO AVAILABLE IN SPANISH

1. [Alpha in a Catholic Context](#) - For everyone, designed for the Curious.
2. For the Curious
 1. Bible Study
 1. [Discovery or Source CCO](#) (make sure to order from USA distributor)
 2. [Believe EC = Cree: Una Guía Católica Para Grupos Pequeños](#) (6 wks)

Small Group Facilitation Tools

3. [Salvation History](#) = [La historia de la salvación](#) FOCUS (8wks)
4. Upcoming Sunday Gospels. Free resource: [Emmaus Journey](#)
5. [Crux \(FOCUS\)](#)
2. Book Club
 1. [Resisting Happiness](#) by Matthew Kelly
3. Grow Deeper (any of the above can work, but also)
 1. Bible Study
 1. [CCO Growth, Trust](#) (make sure to order from USA distributor)
 2. [Theology of the Body](#) FOCUS
 3. [ACTS \(FOCUS\)](#)
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