



Day 18 | Pray with someone

In today's One Percent Prayer, Margaret invites us to help another person come to Jesus with their needs by praying with them.

In today's reading, Jesus asks the crowd to help Bartimeus come to him. Ask the Lord to help you think of who he might be inviting you to help bring to him. Reach out to them, and in the course of normal conversation, ask if you can pray for them, and if there's anything they'd like you to pray for, listen deeply to their answer, and then ask if you can pray for them right now. If they say yes, pray for them, with them, out loud in your own words. Don't worry about having the perfect words, just speak to God from your heart.

If it helps you to have a sample script to follow, it could sound something like:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Jesus, thank you that you love us and want us to ask for what we need.

Thank you for _____ (name of person).

Jesus, I lift up _____ (name of person) and her/his needs to you.

Please _____ (ask for her/his specific requests and needs).

Bless her/him and help her/him know that you are with her/him.

We ask this through Christ our Lord.

Amen. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Remember: "Prayer of intercession consists in asking on behalf of another. It knows no boundaries" ~ *Catechism of the Catholic Church, 2647*

"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus." ~ *Philippians 4:6-7*