

## Step Out Stronger Day 6 | Live It | Prayer Walk Treasure Hunt

Grow in love for God and neighbor by asking Jesus what to pray for and then praying for it.

- Ask Jesus if there's anything specific he's inviting you to pray and to help you to know what that is. Listen. (Write down any clues you think He may be giving you.)
- Take a walk.
- Watch for clues you think Jesus might have given you before you left home. When you think you see God's clues to pray for something specific, if you safely can:
  - Stop and ask Jesus to help you to know how to pray for them.
  - Consider whether to ask people there if they would like to pray with you. That could sound like, "Hi, I realize this might sound crazy, but today I asked God if there was anything I should pray for on my walk, and I think God might be inviting me to pray for you. Is there anything you would like prayer for?" Consider showing them your list of clues to explain why you're asking them.
    - If they say yes, listen to their requests so that you can pray for what they need. Then, you might ask if you can pray with them now.
    - If they say no, thank them politely ("Okay, thank you anyway, have a nice day"), and continue on your way. (You can always pray for them later.)
  - o Pray for their needs and ask God to bless them, ask God if there's anything else
  - Remember humility. We're learning to listen to Jesus. Sometimes we learn from things not going as expected. Good news: it never hurts to pray for people!
  - Thank God for the adventure you had!
- Also pray for:
  - Any people you see for their needs and the needs of their loved ones
  - o Businesses/properties you pass for the owner, all who work there, customers
  - Those in the homes, schools, churches, nursing homes, hospitals, etc.

## **Wisconsin Weather Alternate Activities**

- Imagine your neighborhood, ask God how to pray for the people there, listen, and pray.
- Open a map of your city or state, pick a neighborhood and pray for the people there.
- Check the labels on the clothes you're wearing today. Pray for the people who made them and the countries where they were made.