



## Day 8 | Live It | Calm the Storm

In today's One Percent Prayer, Pete invites you to live out your prayer by reaching out and encouraging three people in the midst of the storms of life.

- Who are three specific people who are going through a difficult time right now? Ask Jesus if there's anyone in particular who could use an encouraging word today.
- Pray for them.
- Reach out to them and encourage them. You might consider things like:
  - Ask if they'd like to talk, and listen to them deeply.
  - Share an encouraging word
  - Send them a card, message, or text
  - Let them know that you're with them and praying for them
  - If it makes sense considering your relationship, consider encouraging them that Jesus is with them, even if it seems he is asleep in their boat. Or share an encouraging scripture.
  - Be creative. God has given you gifts, would any of your gifts be a blessing for this person today? Cook or bake something for them? Build them something? Put together a playlist for them? Run an errand for them? Ask the Lord for inspiration.

Here are a few encouraging scriptures:

The Lord is close to the broken hearted, saves those whose spirit is crushed ~Psalm 34:19

Do not fear: I am with you; do not be anxious: I am your God. I will strengthen you, I will help you, I will uphold you with my victorious right hand. ~Isaiah 41:10

It is the LORD who goes before you; he will be with you and will never fail you or forsake you. So do not fear or be dismayed. ~Deuteronomy 31:8